

# **FINDING HELP: A HUMAN SERVICES DIRECTORY FOR THE STATE OF HAWAI`I**



*Helping Hawai'i Live Life Well*

Mental Health America of Hawai'i  
Website: [www.mentalhealth-hi.org](http://www.mentalhealth-hi.org)  
1124 Fort Street Mall, Suite #205 • Honolulu, Hawai'i 96813  
(Wheelchair Accessible/Elevator entrance: 67 So. Pauahi, off Bethel)  
Ph: (808) 521-1846 • Fax: (808) 533-6995 • E-mail: [info@mentalhealth-hi.org](mailto:info@mentalhealth-hi.org)  
Mental Health America of Hawai'i - Maui County Branch  
95 Mahalani Street, Suite #5 • Wailuku, HI 96793  
Ph: (808) 242-6461 • Fax: (808) 242-1887 • E-mail: [info@mauimentalhealth.org](mailto:info@mauimentalhealth.org)

## Mental Health America of Hawai`i

At Mental Health America of Hawai`i (MHA Hawai`i), we serve our community by advocating and educating to promote mental wellness. We offer this publication - the only comprehensive directory of human services in the state - free to the community. MHA Hawaii has the following programs:

- **Help Line.** Weekdays from 9 to 4:30, we help callers – people with mental health challenges, family members, providers, members of the general public – find the assistance they need.
- **Pono Youth Program** aims to reduce risk for the young people of Hawai`i, to raise awareness about mental health and mental illness, and to cultivate resiliency through youth and community empowerment. Each of our projects targets youth (ages 12-25) from high risk populations including: native Hawaiian youth, lesbian, gay, bisexual, transgender, questioning (LGBTQ) youth, youth with special needs, foster and former-foster youth, young mental health consumers, adjudicated youth, and rural youth.
  - **Education and advocacy about youth suicide and bullying prevention.** MHA Hawai`i has pioneered in creating educational presentations for youth and adults in how to recognize and intervene in suicide and bullying.
  - **G.R.O.W. A. R.A.I.N.B.O.W.** Resources and strategies for supporting lesbian, gay, bisexual, transgender, and questioning (LGBTQ) youth and families.
  - **College Mental Health Project:** A pilot program at a local community college which trains students, faculty and staff about how to recognize and obtain help for people with mental health problems. It also has an educational campaign to reduce the stigma of mental illness.
- **Invisible Children’s Project** offers training for providers that work with families in which a parent may have a mental illness.
- **Brown Bag Mental Health Seminars** on subjects such as *Postpartum Depression, Teen Suicide, Military Mental Health, Bipolar Illness, Post-Traumatic Stress Disorder, Eating Disorders, Schizophrenia, Autism, and Bullying*. The seminars are open to the public, providers, policymakers, mental health consumers, and families. To receive notices of the seminars, call or email us to get on our email list.
- **Live Your Life Well.** MHA Hawai`i offers presentations to employees at the workplace that provide ten clinically proven actions everyone can take to protect and enhance their mental wellness and cope better with stress.

*This Directory is provided to help you find community services.*

*It was prepared as completely and accurately as possible.*

**No endorsement is implied or intended for any agency or service on this list.**

***Those seeking assistance are urged to ask each resource for complete information on the services offered.***

*Please help us improve this Directory: If you know additional agencies/phone numbers/websites, corrections or suggestions, please contact us at 808-521-1846; fax: 808-533-6995; email: [info@mentalhealth-hi.org](mailto:info@mentalhealth-hi.org); website: [www.mentalhealth-hi.org](http://www.mentalhealth-hi.org). Mahalo!*

**The printing of this Directory was generously donated by the Bank of Hawaii.**

**April 2014**

## Table of Contents

|   |    |
|---|----|
| Alcohol & Drug Abuse Services .....                                 | 4  |
| Anger Management Services .....                                     | 5  |
| Bereavement & Grief Support .....                                   | 5  |
| Bilingual Services .....  | 6  |
| Brain Injury / Stroke.....  | 6  |
| Case Management Providers .....                                     | 7  |
| Child & Adolescent Services .....                                   | 7  |
| Community Health Centers .....                                      | 12 |
| Community Mental Health Centers (CMHC's).....                       | 12 |
| Consumer Advocacy Agencies .....                                    | 13 |
| Counseling Programs.....  | 15 |
| Culturally Sensitive Service Providers .....                        | 15 |
| Developmental Disabilities .....                                    | 15 |
| Domestic Violence .....   | 15 |
| Dual Diagnosis .....  | 16 |
| Eating Disorders.....   | 16 |
| Elderly, Services for: See Senior Services.....                     | 17 |
| Health Insurance Providers .....                                    | 17 |
| Homeless Shelters & Services .....                                  | 17 |
| Hospitals & Medical Centers.....                                    | 18 |
| Housing Information/Providers .....                                 | 19 |
| Immigrant Services .....  | 20 |
| Jail & Prison Services.....   | 20 |
| Job Training & Placement.....                                       | 21 |
| Legal Services .....  | 21 |
| Lesbian/Gay/Bisexual/Transgender .....                              | 22 |
| Marriage & Family Services .....                                    | 22 |
| Mediation Services .....  | 23 |
| Military Mental Health Services.....                                | 23 |
| Postpartum Depression/Anxiety .....                                 | 23 |
| Professional Organizations .....                                    | 23 |
| Rent Assistance.....  | 24 |
| Residential Treatment, Supportive Housing, Group Homes: Adults..... | 24 |
| Residential Treatment Programs: Children and Teens .....            | 25 |
| Respite Services: Families, Children/Youth, and Adults .....        | 25 |
| Senior Caregiver Support Services .....                             | 25 |
| Senior Services.....  | 26 |
| Sex Abuse Treatment: Offenders .....                                | 27 |
| Sex Abuse Treatment: Victims .....                                  | 27 |
| Sliding Scale Fee Agencies .....                                    | 28 |
| Substance Abuse Services: .....                                     | 28 |
| see Alcohol and Drug Abuse .....                                    | 28 |
| Support Groups: Consumers.....                                      | 28 |
| Support Groups: Family.....   | 29 |
| Suicide Crisis .....  | 30 |
| Suicide Prevention .....  | 30 |
| National Mental Health Resources .....                              | 31 |
| Hawai`i 24 Hour Suicide Crisis Line .....                           | 31 |
| DEPRESSION SELF-SCREENING QUESTIONNAIRE.....                        | 32 |

## Alcohol & Drug Abuse Services

---

### O`AHU

|   |                             |  |
|---|-----------------------------|--|
| Al-Anon Family Groups Hawaii                                    | 546-5647                    | <a href="http://www.al-anon.alateen.org/al-anon-in-hawaii">www.al-anon.alateen.org/al-anon-in-hawaii</a>   |
| Alcohol & Drug Abuse Division (State Dept. of Health)           | 692-7517                    | <a href="http://www.hawaii.gov/health">www.hawaii.gov/health</a>   |
| Alcoholics Anonymous Oahu Intergroup                            | 946-1438                    | <a href="http://www.oahucentraloffice.com">www.oahucentraloffice.com</a>   |
| Coalition for a Drug-Free Hawaii                                | 545-3228;<br>1-800-845-1946 | <a href="http://www.drugfreehawaii.org">www.drugfreehawaii.org</a>   |
| Habilitat (residential)   | 235-3691                    | <a href="http://www.habilitat.com/">www.habilitat.com/</a>   |
| Hina Mauka  | 236-2600;<br>1-888-446-2628 | <a href="http://www.hinamauka.org">www.hinamauka.org</a>   |
| Hina Mauka Teen C.A.R.E.  | 236-2600 ext. #3, #2        | <a href="http://www.hinamauka.org">www.hinamauka.org</a>   |
| The Institute for Human Services                                | 447-2800                    | <a href="http://www.ihshawaii.org">www.ihshawaii.org</a>   |
| Ku Aloha Ola Mau  | 538-0704                    | <a href="http://www.kualoha.org">www.kualoha.org</a>   |
| Narconon Hawaii   | 550-0005                    | <a href="http://www.narcononhawaii.org">www.narcononhawaii.org</a>   |
| Narcotics Anonymous (NA) Hawai'i                                | 734-4357                    | <a href="http://www.na-hawaii.org">www.na-hawaii.org</a>   |
| PATH Clinic (prenatal for women w/ children)                    | 791-9390                    | <a href="http://www.waikikihc.org/pathclinic">www.waikikihc.org/pathclinic</a>   |
| Queen's Day Treatment Services                                  | 691-4157                    | <a href="http://www.queensmedicalcenter.net/services/120-day-treatment-services">www.queensmedicalcenter.net/services/120-day-treatment-services</a> |
| Sand Island Treatment Center (Kline-Welsh)                      | 841-2319                    | <a href="http://www.sandisland.com">www.sandisland.com</a>   |
| Wai`anae Coast Community Mental Health Center (Hale Na`au Pono) | 696-4211                    | <a href="http://www.wccmhc.org">www.wccmhc.org</a>   |

### KAUA`I

|                                  |          |  |
|----------------------------------|----------|--|
| Al-Anon Family Groups Hawaii     | 651-8399 | <a href="http://www.al-anon.alateen.org/al-anon-in-hawaii">www.al-anon.alateen.org/al-anon-in-hawaii</a> |
| Alcoholics Anonymous on Kauai    | 245-6677 | <a href="http://www.kauaiaa.org">www.kauaiaa.org</a>   |
| Ke Ala Pono Recovery Center      | 246-0663 | <a href="http://www.mckennarecoverycenter.com">www.mckennarecoverycenter.com</a>                         |
| Narcotics Anonymous (NA) Hawai'i | 212-0114 | <a href="http://www.na-hawaii.org">www.na-hawaii.org</a>   |

### HAWAI`I

|   |                    |  |
|---|--------------------|--|
| ACCESS Capabilities, Inc.                           | 334-0979; 965-1198 | <a href="http://www.accesscapabilitiesinc.com">www.accesscapabilitiesinc.com</a>   |
| Al-Anon Family Groups Hawaii                        | 935-0971           | <a href="http://www.al-anon.alateen.org/al-anon-in-hawaii">www.al-anon.alateen.org/al-anon-in-hawaii</a>                                   |
| Big Island Substance Abuse Council                  | 969-9994           | <a href="http://www.hawaiiunitedway.org/big-island-substance-abuse-cou.asp">www.hawaiiunitedway.org/big-island-substance-abuse-cou.asp</a> |
| East Hawaii Intergroup of Alcoholics Anonymous (AA) | 961-6133           | <a href="http://www.hawaiiiaa.org">www.hawaiiiaa.org</a>   |
| Ku Aloha Ola Mau - Hilo                             | 961-6822           | <a href="http://www.kualoha.org/hilo.html">www.kualoha.org/hilo.html</a>   |
| Ku Aloha Ola Mau - Puna                             | 982-9555           | <a href="http://www.kualoha.org/puna.html">www.kualoha.org/puna.html</a>   |
| Lokahi Treatment Centers                            |                    | <a href="http://www.lokahitreatmentcenters.net">www.lokahitreatmentcenters.net</a>   |
| Waikoloa Office                                     | 883-0922           |  |
| Honoka'a Office                                     | 775-7707           |  |
| Hilo Office   | 969-9292           |  |

|  |                    |  |
|--|--------------------|--|
| Kona Office  | 331-1175           |  |
| Kohala Office  | 889-5099           |  |
| Narcotics Anonymous (NA) Hawai'i                               | 769-6016           | <a href="http://www.na-hawaii.org">www.na-hawaii.org</a>   |
| West Hawaii Alcoholics Anonymous                               | 329-1212           | <a href="http://www.westhawaiiiaa.org">www.westhawaiiiaa.org</a>   |
| <b>MAUI/MOLOKA'I</b>   |                    |  |
| Al-Anon Family Groups Hawaii                                   | 242-0296           | <a href="http://www.al-anon.alateen.org/al-anon-in-hawaii">www.al-anon.alateen.org/al-anon-in-hawaii</a> |
| Alcoholics Anonymous on Maui                                   | 244-9673           | <a href="http://www.aamaui.org">www.aamaui.org</a>   |
| Aloha House, Inc.  | 442-6588           | <a href="http://www.aloha-house.org">www.aloha-house.org</a>   |
| Hale Ho`okupa`a  | 553-3231           |  |
| Ka Hale Pomaka`i   | 558-8480           | <a href="http://www.kahalepomaikai.org">www.kahalepomaikai.org</a>                                       |
| Narcotics Anonymous (NA) Hawai'i                               | 214-1239           | <a href="http://www.na-hawaii.org">www.na-hawaii.org</a>   |
| Prevention Resource Center (Coalition for a Drug Free Hawai'i) | 1-800-845-1946 x34 | <a href="http://www.drugfreehawaii.org">www.drugfreehawaii.org</a>                                       |
| <b>LĀNA'I</b>  |                    |  |
| Aloha House, Inc.  | 565-9566           | <a href="http://www.aloha-house.org">www.aloha-house.org</a>   |

## Anger Management Services

---

### O`AHU

|   |                    |  |
|---|--------------------|--|
| Catholic Charities Hawai'i                    | 521-4357           | <a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a>                           |
| Child & Family Service                        | 543-8413; 681-3500 | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>                               |
| The Community Assistance Center               | 537-2917           | <a href="http://www.cachawaii.org">www.cachawaii.org</a>   |
| Hawai'i Counseling and Education Center, Inc. | 254-6484           | <a href="http://www.hcechawaii.com">www.hcechawaii.com</a>   |
| PACT- Parents and Children Together           |                    | <a href="http://www.pacthawaii.org/oahu_peace_center.html">www.pacthawaii.org/oahu_peace_center.html</a>       |
| Family Peace Center                           | 832-0855           |  |
| Queen's Medical Center                        |                    | <a href="http://www.queensmedicalcenter.org/general-wellness">www.queensmedicalcenter.org/general-wellness</a> |
| Outpatient Behavioral Health Services         | 691-4591           |  |

### KAUA'I

|      |          |  |
|------|----------|--|
| YWCA | 245-5959 | <a href="http://www.ywcakauai.org">www.ywcakauai.org</a> |
|------|----------|--|

### HAWAI'I

|                            |                    |  |
|----------------------------|--------------------|--|
| Child and Family Service   | 935-2188; 323-2664 | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a> |
| Turning Point for Families | 935-7798; 323-2664 | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a> |

### MAUI/MOLOKA'I

|  |                    |  |
|--|--------------------|--|
| Child and Family Service                               | 877-6888; 567-6100 | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a> |
| PACT- Parents and Children Together                    | 244-2330           | <a href="http://www.pacthawaii.org">www.pacthawaii.org</a>                       |
| Sexual Assault Support Service, 24 hour crisis hotline | 873-8624; 877-9888 | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a> |

## Bereavement & Grief Support

---

### O`AHU

|                         |          |  |
|-------------------------|----------|--|
| American Cancer Society | 595-7544 | <a href="http://www.cancer.org">www.cancer.org</a> |
|-------------------------|----------|--|

|   |                             |  |
|---|-----------------------------|--|
| Bristol Hospice Hawaii, LLC   | 536-8012                    | <a href="http://www.bristolhospice.com">www.bristolhospice.com</a>                                     |
| Castle Medical Center – Bereavement Support Group                                     | 263-5343                    | <a href="http://www.castlemed.org">www.castlemed.org</a>   |
| The Compassionate Friends   | 792-0204                    | <a href="http://www.compassionatefriendshonolulu.org">www.compassionatefriendshonolulu.org</a>         |
| Counseling and Spiritual Care Center of Hawai`i                                       | 545-2740                    | <a href="http://www.cscch.org">www.cscch.org</a>   |
| Grief Share   | 532-1111                    | <a href="http://www.griefshare.org">www.griefshare.org</a>   |
| Hawaiian Humane Society- Pet Loss Support Group                                       | 356-2222                    | <a href="http://www.hawaiianhumane.org">www.hawaiianhumane.org</a>                                     |
| HOPING(Helping Other Parents in Normal Grieving)                                      | 432-2260                    | <a href="http://www.safesleephawaii.org">www.safesleephawaii.org</a>                                   |
| Hospice Hawai`i   | 924-9255                    | <a href="http://www.hospicehawaii.org">www.hospicehawaii.org</a>                                       |
| Kids Hurt Too   | 545-5683                    | <a href="http://www.grievingyouth.org/wordpress/">www.grievingyouth.org/wordpress/</a>                 |
| Kokua Mau   | 585-9977                    | <a href="http://www.kokuamau.org">www.kokuamau.org</a>   |
| Legacy of Life Hawai`i (Organ Procurement Agency),<br>Bereavement Support to Families | 599-7630;<br>1-877-855-0603 |  |
| POMC - Parents Of Murdered Children, Inc.   | 236-2242                    |  |
| Reid Richards Foundation “Napuaokamakaola”  | 220-3491                    | <a href="http://www.reidrichardsfoundation.com">www.reidrichardsfoundation.com</a>                     |
| St. Francis Hospice   | 595-7566                    | <a href="http://www.stfrancishawaii.org/services/hospice">www.stfrancishawaii.org/services/hospice</a> |

#### **KAUA`I**

|                       |          |  |
|-----------------------|----------|--|
| Prevent Suicide Kauai | 651-6637 | <a href="http://www.preventsuicidekauai.org">www.preventsuicidekauai.org</a> |
|-----------------------|----------|--|

#### **HAWAI`I**

|   |                    |  |
|---|--------------------|--|
| The Compassionate Friends – East Hawaii Chapter | 937-7523; 896-3610 | <a href="http://www.compassionatefriendshonolulu.org">www.compassionatefriendshonolulu.org</a> |
| Hospice of Hilo                                 | 969-1733           | <a href="http://www.hospiceofhilo.org">www.hospiceofhilo.org</a>                               |

### **Bilingual Services**

---

#### **O`AHU**

|   |          |  |
|---|----------|--|
| Bilingual Access Line (Helping Hands Hawai`i) | 526-9724 | <a href="http://www.helpinghandshawaii.org/bilingual_access_line">www.helpinghandshawaii.org/bilingual_access_line</a> |
|---|----------|--|

#### **KAUA`I**

|   |          |  |
|---|----------|--|
| Bilingual Access Line (Helping Hands Hawai`i) | 526-9724 | <a href="http://www.helpinghandshawaii.org/bilingual_access_line">www.helpinghandshawaii.org/bilingual_access_line</a> |
|---|----------|--|

#### **HAWAI`I**

|   |          |  |
|---|----------|--|
| Bilingual Access Line (Helping Hands Hawai`i) | 526-9724 | <a href="http://www.helpinghandshawaii.org/bilingual_access_line">www.helpinghandshawaii.org/bilingual_access_line</a> |
|---|----------|--|

#### **MAUI/MOLOKA`I**

|   |          |  |
|---|----------|--|
| Bilingual Access Line (Helping Hands Hawai`i) | 526-9724 | <a href="http://www.helpinghandshawaii.org/bilingual_access_line">www.helpinghandshawaii.org/bilingual_access_line</a> |
|---|----------|--|

#### **LĀNA`I**

|   |          |  |
|---|----------|--|
| Bilingual Access Line (Helping Hands Hawai`i) | 526-9724 | <a href="http://www.helpinghandshawaii.org/bilingual_access_line">www.helpinghandshawaii.org/bilingual_access_line</a> |
|---|----------|--|

### **Brain Injury / Stroke**

---

#### **O`AHU**

|                              |          |                            |
|------------------------------|----------|----------------------------|
| After Brain Injury or Stroke | 778-1869 | Call for pamphlet (\$7.00) |
|------------------------------|----------|----------------------------|

|  |          |  |
|--|----------|--|
| Brain Injury Association of Hawaii   | 436-8977 | <a href="http://www.biausa.org/Hawaii">www.biausa.org/Hawaii</a>   |
| Neurotrauma & TBI Services, Developmental Disabilities Division, Dept. of Health | 453-6255 | <a href="http://www.hawaii.gov/health/disability-services/developmental/index.html">www.hawaii.gov/health/disability-services/developmental/index.html</a> |

## Case Management Providers

---

### O`AHU

|  |                       |  |
|--|-----------------------|--|
| Breaking Boundaries                    | 312-1530              | <a href="http://www.breakingboundariesinc.org/">www.breakingboundariesinc.org/</a>                   |
| CARE Hawaii, Inc                       | 533-3936              | <a href="http://www.carehawaii.info/">www.carehawaii.info/</a>                                       |
| Community Care Services                | 845-7771              | <a href="http://www.apshealthcare.com">www.apshealthcare.com</a>                                     |
| Community Empowerment Resources        | 942-7800              | <a href="http://www.honolulucounty.hi.networkofcare.org">www.honolulucounty.hi.networkofcare.org</a> |
| Helping Hands Hawai`i                  | 536-7234              | <a href="http://www.helpinghandshawaii.org">www.helpinghandshawaii.org</a>                           |
| The Institute for Human Services (IHS) | 447-2800;<br>447-2911 | <a href="http://www.ihshawaii.org">www.ihshawaii.org</a>   |
| Kalihi-Palama Health Center            | 848-1438              | <a href="http://www.kphc.org">www.kphc.org</a>   |
| Life Foundation                        | 521-2437              | <a href="http://www.lifefoundation.ipage.com">www.lifefoundation.ipage.com</a>                       |
| North Shore Mental Health              | 638-8700              | <a href="http://www.northshorementalhealth.com">www.northshorementalhealth.com</a>                   |

### MAUI/MOLOKA`I

|                                   |          |  |
|-----------------------------------|----------|--|
| Maui Youth & Family Services, Inc | 579-8414 | <a href="http://www.myfs.org">www.myfs.org</a> |
|-----------------------------------|----------|--|

## Child & Adolescent Services

---

### O`AHU

|  |                             |  |
|--|-----------------------------|--|
| ACCESS and Crisis/Suicide Line   | 832-3100;<br>1-800-753-6879 | <a href="http://www.health.hawaii.gov/amhd/consumer/access/">www.health.hawaii.gov/amhd/consumer/access/</a>                                     |
| Alaka`i Na Keiki   | 523-5990;<br>523-7771       | <a href="http://www.alakainakeiki.com">www.alakainakeiki.com</a>   |
| Autism Society of Hawaii   | 393-5785                    | <a href="http://www.autismhi.org">www.autismhi.org</a>   |
| Benchmark Behavioral Health  | 454-1411                    |  |
| Bobby Benson Center  | 293-7555;<br>877-393-7555   | <a href="http://www.bobbybenson.org">www.bobbybenson.org</a>   |
| Catholic Charities Hawai`i   | 521-4357                    | <a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a>   |
| Center for Cognitive Behavior Therapy  | 956-9559                    | <a href="http://www2.hawaii.edu/~cmueller/about.html">www2.hawaii.edu/~cmueller/about.html</a>   |
| Child and Adolescent Mental Health Division<br>(State Department of Health)    | 733-9333                    | <a href="http://www.health.hawaii.gov/camhd/">www.health.hawaii.gov/camhd/</a>   |
| Child and Family Service   | 681-3500                    | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>   |
| Child Welfare Services - Hawai`i State DHS<br>To Report Child Abuse or Neglect | 832-5300                    | <a href="http://www.humanservices.hawaii.gov/ssd/home/child-welfare-services/">www.humanservices.hawaii.gov/ssd/home/child-welfare-services/</a> |
| Family Guidance Centers  |                             | <a href="http://www.health.hawaii.gov/camhd/">www.health.hawaii.gov/camhd/</a>   |
| Central Oahu   | 453-5900                    |  |
| Family Court Liaison Branch  | 269-9926                    |  |

|  |  |  |
|--|--|--|
| Honolulu   | 733-9393                                 |  |
| Kaneohe  | 233-3770                                 |  |
| Leeward Oahu   | 692-7700                                 |  |
| Hale Kipa, Inc.  | 589-1829                                 | <a href="http://www.halekipa.org">www.halekipa.org</a>   |
| Hawaii Families As Allies  | 487-8785;<br>1-866-361-8825;<br>487-3845 | <a href="http://www.hfaa.net">www.hfaa.net</a>   |
| HCAP Youth Services  | 591-1766                                 | <a href="http://www.hcapweb.org/youthservices.html">www.hcapweb.org/youthservices.html</a>   |
| Hina Mauka Teen Care   | 236-2600 ext.259                         | <a href="http://www.hinamauka.org/teen-care.asp">www.hinamauka.org/teen-care.asp</a>   |
| Ku Aloha Ola Mau   | 538-0704                                 | <a href="http://www.kualoha.org">www.kualoha.org</a>   |
| Marimed Foundation   | 236-2288                                 | <a href="http://www.marimed.org">www.marimed.org</a>   |
| New Horizons Counseling  | 484-1000                                 |  |
| The Parent Line  | 526-1222;<br>1-800-816-1222              | <a href="http://www.theparentline.org">www.theparentline.org</a>   |
| PACT- Parents and Children Together  | 847-3285                                 | <a href="http://www.pacthawaii.org">www.pacthawaii.org</a>   |
| P.A.R.E.N.T.S. Inc.  | 235-0255                                 | <a href="http://www.hawaiiparents.org">www.hawaiiparents.org</a>   |
| PATCH- People Attentive to Children  | 839-1988                                 | <a href="http://www.patchhawaii.org">www.patchhawaii.org</a>   |
| Pono Youth Program   | 521-1846                                 | <a href="http://www.mentalhealth-hi.org">www.mentalhealth-hi.org</a>   |
| Queen Lili`uokalani Children's Center Honolulu                                 | 847-1302                                 | <a href="http://www.qlcc.org">www.qlcc.org</a>   |
| Kaneohe  | 235 7613                                 |  |
| Waianae  | 668-2314                                 |  |
| Waimanalo  | 851-7790                                 |  |
| Windward   | 293-8577                                 |  |
| Queens Medical Center- Behavioral Health                                       | 691-4220                                 | <a href="http://www.queensmedicalcenter.net">www.queensmedicalcenter.net</a>   |
| Salvation Army - Family Treatment Services                                     | 732-2802                                 | <a href="http://www1.usw.salvationarmy.org">www1.usw.salvationarmy.org</a>   |
| SPIN- Special Parent Info Network  | 586-8126                                 | <a href="http://www.spinhawaii.org">www.spinhawaii.org</a>   |
| TIFFE- The Institute for Family Enrichment, LLC                                | 596-8433                                 | <a href="http://www.tiffe.org">www.tiffe.org</a>   |
| Wai`anae Coast CMHC (Hale Na`au Pono)  | 696-4211                                 | <a href="http://www.wccmhc.org">www.wccmhc.org</a>   |
| <b>KAUAI</b>   |  |  |
| ACCESS & Crisis/Suicide Line   | 1-800-753-6879                           | <a href="http://www.health.hawaii.gov/amhd/consumer/access/">www.health.hawaii.gov/amhd/consumer/access/</a>                                     |
| Child and Adolescent Mental Health Division<br>(State Department of Health)    | 241-3614                                 | <a href="http://www.health.hawaii.gov/kauai/">www.health.hawaii.gov/kauai/</a>   |
| Child and Family Service   | 245-5914                                 | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>   |
| Family Guidance Center   | 274-3883 ext.231                         | <a href="http://www.health.hawaii.gov/camhd/">www.health.hawaii.gov/camhd/</a>   |
| Child Welfare Services - Hawai'i State DHS<br>To Report Child Abuse or Neglect | 1-800-494-3991                           | <a href="http://www.humanservices.hawaii.gov/ssd/home/child-welfare-services/">www.humanservices.hawaii.gov/ssd/home/child-welfare-services/</a> |
| Hale `Opio Kaua`i, Inc.  | 245-2873                                 | <a href="http://www.haleopio.org">www.haleopio.org</a>   |
| Ke Ala Pono/McKenna Recovery Center  | 246-0663                                 | <a href="http://www.mckennarecoverycenter.com">www.mckennarecoverycenter.com</a>   |
| The Parent Line  | 1-800-816-1222                           | <a href="http://www.theparentline.org">www.theparentline.org</a>   |
| PATCH- People Attentive to Children  | 246-0622                                 | <a href="http://www.patchhawaii.org">www.patchhawaii.org</a>   |



|  |                     |  |
|--|---------------------|--|
| Queen Lili`uokalani Children's Center  | 245-1873            | <a href="http://www.qlcc.org/units.htm">www.qlcc.org/units.htm</a>   |
| SPIN- Special Parent Info Network  | 274-3141 ext.6-8126 | <a href="http://www.spinhawaii.org">www.spinhawaii.org</a>   |
| YWCA of Kaua`i   | 245-5959            | <a href="http://www.ywcakauai.org">www.ywcakauai.org</a>   |
| <b>HAWAII</b>  |                     |  |
| ACCESS & Crisis/Suicide Line   | 1-800-753-6879      | <a href="http://www.health.hawaii.gov/amhd/consumer/access/">www.health.hawaii.gov/amhd/consumer/access/</a>                                     |
| Big Island Substance Abuse Council   | 935-4927            | <a href="http://www.hawaiiunitedway.org/big-island-substance-abuse-cou.asp">www.hawaiiunitedway.org/big-island-substance-abuse-cou.asp</a>       |
| Child and Adolescent Mental Health Division<br>(State Dept. of Health)         |                     | <a href="http://health.hawaii.gov/big-island/">http://health.hawaii.gov/big-island/</a>  |
| Hilo   | 974-6006            |  |
| Kona   | 322-4880            |  |
| Waimea   | 887-8114            |  |
| Child and Family Service   |                     | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>   |
| Hilo   | 935-2188            |  |
| Kona   | 323-2664            |  |
| Child and Family Service Shelter –West Hawaii                                  | 322-7233            | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>   |
| Child Welfare Services - Hawai`i State DHS<br>To Report Child Abuse or Neglect | 1-800-494-3991      | <a href="http://www.humanservices.hawaii.gov/ssd/home/child-welfare-services/">www.humanservices.hawaii.gov/ssd/home/child-welfare-services/</a> |
| Family Guidance Centers  |                     | <a href="http://www.health.hawaii.gov/camhd/">www.health.hawaii.gov/camhd/</a>   |
| Hilo   | 933-0610            |  |
| Kona   | 322-1541            |  |
| Waimea   | 887-8100            |  |
| Family Support Hawaii  | 326-7778            | <a href="http://www.familysupporthawaii.org">www.familysupporthawaii.org</a>   |
| Hawaii Behavioral Health   | 935-7949            | <a href="http://www.hibh.org">www.hibh.org</a>   |
| Neighborhood Place of Kona   | 331-8777            |  |
| Neighborhood Place of Puna   | 965-5550            |  |
| The Parent Line  | 1-800-816-1222      | <a href="http://www.theparentline.org">www.theparentline.org</a>   |
| P.A.R.E.N.T.S. Inc. (Hilo)   | 934-9552            | <a href="http://www.hawaiiparents.org">www.hawaiiparents.org</a>   |
| PATCH- People Attentive to Children  |                     | <a href="http://www.patchhawaii.org">www.patchhawaii.org</a>   |
| Hilo   | 961-3169            |  |
| Kona   | 322-3500            |  |
| Queen Lili`uokalani Children's Center  |                     | <a href="http://www.qlcc.org">www.qlcc.org</a>   |
| Hilo   | 935-9381            |  |
| Kona   | 329-7336            |  |
| Kona Beach   | 329-0503            |  |
| The Salvation Army Family Intervention Services                                |                     | <a href="http://www1.usw.salvationarmy.org/usw">www1.usw.salvationarmy.org/usw</a>   |
| Hilo   | 959-5855            |  |
| Kona   | 323-8174            |  |
| Sex Assault Support Services & Crisis Line                                     | 935-0677            | <a href="http://www.ywcahawaiiisland.org">www.ywcahawaiiisland.org</a>   |
| SPIN – Special Parent Information Network                                      | 974-4000 ext6-8126  | <a href="http://www.spinhawaii.org">www.spinhawaii.org</a>   |

|  |                 |  |
|--|-----------------|--|
| TIFFE – The Institute for Family Enrichment, LLC                             |                 | <a href="http://www.tiffe.org">www.tiffe.org</a>   |
| Hilo   | 961-5166        |  |
| Kona   | 323-3305        |  |
| <b>MAUI/MOLOKA`I</b>   |                 |  |
| ACCESS & Crisis/Suicide Line   | 1-800-753-6879  | <a href="http://www.health.hawaii.gov/amhd/consumer/access/">www.health.hawaii.gov/amhd/consumer/access/</a>                                     |
| Aloha House  | 249-2121        | <a href="http://www.aloha-house.org">www.aloha-house.org</a>   |
| Child and Adolescent Mental Health Division<br>(State Department of Health)  | 984-8200        | <a href="http://www.health.hawaii.gov/maui/">www.health.hawaii.gov/maui/</a>   |
| Child and Family Service   |                 | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>   |
| Maui   | 877-6888        |  |
| Moloka`i   | 567- 6100       |  |
| Child Welfare Services-Hawai`i State DHS<br>To Report Child Abuse or Neglect | 1-800-494-3991  | <a href="http://www.humanservices.hawaii.gov/ssd/home/child-welfare-services/">www.humanservices.hawaii.gov/ssd/home/child-welfare-services/</a> |
| Children’s Justice Center  | 244-7926        |  |
| Family Guidance Centers  |                 | <a href="http://www.health.hawaii.gov/camhd/">www.health.hawaii.gov/camhd/</a>   |
| Wailuku  | 243-1252        |  |
| Lahaina  | 662-4045        |  |
| Molokai  | 553-5067        |  |
| The Maui Farm  | 579-8271        | <a href="http://www.mauifarm.org">www.mauifarm.org</a>   |
| Maui Youth & Family Services   | 579-8414        | <a href="http://www.myfs.org">www.myfs.org</a>   |
| Maui Youth & Family Services – Adolescent Shelter<br>Hotline                 | 579-8406 ext. 1 | <a href="http://www.myfs.org">www.myfs.org</a>   |
| Molokai Community Health Center-Wellness Dept.                               | 553-3276        | <a href="http://www.molokaichc.org">www.molokaichc.org</a>   |
| Moloka`i Healthy Start   | 553-8114        | <a href="http://www.mfss.org/?page_id=9">www.mfss.org/?page_id=9</a>   |
| Neighborhood Place of Wailuku  | 986-0700        |  |
| The Parent Line  | 1-800-816-1222  | <a href="http://www.theparentline.org">www.theparentline.org</a>   |
| PATCH- People Attentive to Children  |                 | <a href="http://www.patchhawaii.org">www.patchhawaii.org</a>   |
| Maui   | 242-9232        |  |
| Molokai  | 498-4145        |  |
| Queen Lili`uokalani Children’s Center  |                 | <a href="http://www.qlcc.org">www.qlcc.org</a>   |
| Wailuku  | 242-8888        |  |
| Hana   | 248-7218        |  |
| Molokai  | 553-5369        |  |
| <b>LĀNA`I</b>  |                 |  |
| ACCESS & Crisis/Suicide Line   | 1-800-753-6879  | <a href="http://www.health.hawaii.gov/amhd/consumer/access/">www.health.hawaii.gov/amhd/consumer/access/</a>                                     |
| Child Welfare Services-Hawai`i State DHS<br>To Report Child Abuse or Neglect | 1-800-494-3991  | <a href="http://www.humanservices.hawaii.gov/ssd/home/child-welfare-services/">www.humanservices.hawaii.gov/ssd/home/child-welfare-services/</a> |
| Family Guidance Center   | 565-7915        | <a href="http://www.health.hawaii.gov/camhd/">www.health.hawaii.gov/camhd/</a>   |
| Lāna`i Aloha House   | 565-9566        | <a href="http://www.aloha-house.org">www.aloha-house.org</a>   |

|  |                              |  |
|--|------------------------------|--|
| Lāna`i Youth Center                                  | 565-7675                     |  |
| The Parent Line                                      | 1-800-816-1222               | <a href="http://www.theparentline.org">www.theparentline.org</a> |
| PACT- Parents and Children Together                  |                              |  |
| Lanai Integrated Support Services                    | 565-9191                     | <a href="http://www.pacthawaii.org">www.pacthawaii.org</a>       |
| Queen Lili`uokalani Children's Center - Ko`olau Poko | 235-7613                     | <a href="http://www.qlcc.org">www.qlcc.org</a>                   |
| SPIN - Special Parent Information Network            | 1-800-468-4644<br>ext.6-8126 | <a href="http://www.spinhawaii.org">www.spinhawaii.org</a>       |

## Clubhouses/Day Treatment

---

### O`AHU

|   |          |  |
|---|----------|--|
| Diamond Head Clubhouse  | 733-9188 | <a href="http://www.health.hawaii.gov/amhd/consumer/clubhouse">www.health.hawaii.gov/amhd/consumer/clubhouse</a>                     |
| Hale O Honolulu Clubhouse   | 832-5142 | <a href="http://www.health.hawaii.gov/amhd/consumer/clubhouse">www.health.hawaii.gov/amhd/consumer/clubhouse</a>                     |
| Hui Hana Pono Clubhouse (Wai`anae)  | 696-3716 | <a href="http://www.health.hawaii.gov/amhd/consumer/clubhouse">www.health.hawaii.gov/amhd/consumer/clubhouse</a>                     |
| Ko`olau Clubhouse   | 233-3778 | <a href="http://www.amh.health.state.hi.us/Clubhouses/Koolau/index.html">www.amh.health.state.hi.us/Clubhouses/Koolau/index.html</a> |
| Makaha Clubhouse (Kauhale Lahilahi)                                       | 697-7170 | <a href="http://www.health.hawaii.gov/amhd/consumer/clubhouse">www.health.hawaii.gov/amhd/consumer/clubhouse</a>                     |
| Queen's Day Treatment Services  | 691-4221 | <a href="http://www.queensmedicalcenter.org/day-treatment-services">www.queensmedicalcenter.org/day-treatment-services</a>           |
| Statewide Clubhouse Coordinator   | 721-0748 | <a href="http://www.health.hawaii.gov/amhd/consumer/clubhouse">www.health.hawaii.gov/amhd/consumer/clubhouse</a>                     |
| Hale Na`au Pono - The Wai`anae Coast Community Mental Health Center, Inc. | 696-4211 | <a href="http://www.wccmhc.org">www.wccmhc.org</a>   |
| Waipahu Aloha Clubhouse   | 675-0093 | <a href="http://www.waipahuclubhouse.com">www.waipahuclubhouse.com</a>   |

### KAUA`I

|                  |          |  |
|------------------|----------|--|
| Friendship House | 821-4480 | <a href="http://www.health.hawaii.gov/amhd/consumer/clubhouse">www.health.hawaii.gov/amhd/consumer/clubhouse</a> |
|------------------|----------|--|

### HAWAI`I

|                                   |          |  |
|-----------------------------------|----------|--|
| Hale `Oluea Clubhouse             | 974-4320 | <a href="http://www.health.hawaii.gov/amhd/consumer/clubhouse">www.health.hawaii.gov/amhd/consumer/clubhouse</a> |
| Kona Paradise Clubhouse           | 327-9530 | <a href="http://www.health.hawaii.gov/amhd/consumer/clubhouse">www.health.hawaii.gov/amhd/consumer/clubhouse</a> |
| West Hawai`i Mental Health Center | 322-4818 |  |

### MAUI/MOLOKA`I

|                                  |          |  |
|----------------------------------|----------|--|
| Hana Kalima - Moloka`i Clubhouse | 553-5874 | <a href="http://www.health.hawaii.gov/amhd/consumer/clubhouse">www.health.hawaii.gov/amhd/consumer/clubhouse</a> |
| Hale O Lanakila – Maui Clubhouse | 984-2156 | <a href="http://www.health.hawaii.gov/amhd/consumer/clubhouse">www.health.hawaii.gov/amhd/consumer/clubhouse</a> |
| Molokai Mental Health Services   | 553-7889 |  |

## Community Health Centers

---

### O`AHU

|   |          |  |
|---|----------|--|
| Kalihi-Palama Health Center                     | 848-1438 | <a href="http://www.kphc.org">www.kphc.org</a>                 |
| Ko`olauloa Community Health and Wellness Center |          | <a href="http://www.koolauloachc.org">www.koolauloachc.org</a> |
| Hau`ula   | 293-9216 |  |
| Kahuku  | 293-9231 |  |
| Kokua Kalihi Valley                             | 791-9400 | <a href="http://www.kkv.net">www.kkv.net</a>                   |
| Wai`anae Coast Comprehensive Health Center      | 697-3300 | <a href="http://www.wcchc.com">www.wcchc.com</a>               |
| Waikiki Health                                  | 922-4787 | <a href="http://www.waikikihc.org">www.waikikihc.org</a>       |
| Waimanalo Health Center                         | 259-7948 | <a href="http://www.waimanalohc.org">www.waimanalohc.org</a>   |

### KAUA`I

|                                |          |  |
|--------------------------------|----------|--|
| Kaua`i Community Health Center |          | <a href="http://www.hoolalahui.org">www.hoolalahui.org</a> |
| Kapa`a                         | 240-0170 |  |
| Waimea                         | 240-0140 |  |

### HAWAI`I

|   |          |  |
|---|----------|--|
| Bay Clinic , Inc. – Family Health Centers |          | <a href="http://www.bayclinic.org">www.bayclinic.org</a>           |
| Hilo                                      | 969-1427 |  |
| Ka`u                                      | 929-7311 |  |
| Kea`au                                    | 930-0400 |  |
| Pahoa                                     | 965-9711 |  |
| Hamakua Health Center                     | 775-7206 | <a href="http://www.hamakua-health.org">www.hamakua-health.org</a> |
| Kohala Family Health Center               | 889-6236 | <a href="http://www.hamakua-health.org">www.hamakua-health.org</a> |
| West Hawaii Community Health Center       | 326-5629 | <a href="http://www.westhawaiiichc.org">www.westhawaiiichc.org</a> |

### MAUI/MOLOKA`I

|                                  |          |  |
|----------------------------------|----------|--|
| Hana Health                      | 248-8294 | <a href="http://www.hanahealth.org">www.hanahealth.org</a> |
| Malama I Ke Ola Health Center    |          |  |
| Kahului                          | 871-7772 |  |
| Lahaina                          | 667-7598 |  |
| Moloka`i Community Health Center | 553-5038 | <a href="http://www.molokaichc.org">www.molokaichc.org</a> |

### LĀNA`I

|                                    |          |  |
|------------------------------------|----------|--|
| Lāna`i Community Health Center     | 565-6919 | <a href="http://www.lanaicommunityhealthcenter.org">www.lanaicommunityhealthcenter.org</a> |
| Straub Lāna`i Family Health Center | 565-6423 |  |

## Community Mental Health Centers (CMHC's)

---

|  |                               |  |
|--|-------------------------------|--|
| Community Mental Health Centers - Call ACCESS line to find out if you're eligible for mental health services | 832-3100 or<br>1-800-753-6879 | <a href="http://www.health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf">www.health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf</a> |
|--|-------------------------------|--|

### O`AHU

|  |          |  |
|--|----------|--|
| CMHC System Administration             | 832-5770 |  |
| Central O`ahu CMHC – Pearl City Clinic | 453-5953 |  |

|  |          |
|--|----------|
| Central O`ahu CMHC – Wahiawa Counseling Center | 621-8425 |
| Diamond Head CMHC                              | 733-9260 |
| Kalihi-Palama CMHC                             | 832-5800 |
| Makaha MHC                                     | 697-7880 |
| Windward CMHC – Kaneohe Clinic                 | 233-3775 |

#### **KAUA`I**

|                            |          |
|----------------------------|----------|
| Kaua`i CMHC Administration | 241-3130 |
| Kaua`i CMHC                | 274-3190 |

#### **HAWAI`I**

|                                    |          |
|------------------------------------|----------|
| Hawai`i County CMHC Administration | 933-0409 |
| East Hawai`i CMHC                  | 974-4300 |
| Puna AMH Services                  | 965-2240 |
| West Hawai`i CMHC                  | 322-4818 |
| Ka`u Clinic – Naalehu              | 929-7331 |
| N. Hawai`i AMH Services – Honoka`a | 775-8835 |

#### **MAUI/MOLOKA`I**

|                    |          |
|--------------------|----------|
| Maui CMHC          | 984-2150 |
| Moloka`I Satellite | 553-3691 |

#### **LANA`I**

|                  |          |
|------------------|----------|
| Lana`i Satellite | 565-6189 |
|------------------|----------|

## **Consumer Advocacy Agencies**

---

#### **O`AHU**

|   |                             |  |
|---|-----------------------------|--|
| Aloha Independent Living Hawaii   | 1-800-385-2454              | <a href="http://www.AlohaIHLHawaii.org">www.AlohaIHLHawaii.org</a>                 |
| Adult Mental Health Division, Office of Consumer Affairs (State Department of Health)     | 586-4688                    |  |
| Child and Adolescent Mental Health Division Grievance Office (State Department of Health) | 733-9353                    | <a href="http://www.health.hawaii.gov/camhd">www.health.hawaii.gov/camhd</a>       |
| The Community Assistance Center   | 537-2917                    | <a href="http://www.cachawaii.org">www.cachawaii.org</a>                           |
| Disability and Communication Access Board   | 586-8121                    | <a href="http://www.hawaii.gov/health/dcab/">www.hawaii.gov/health/dcab/</a>       |
| Hawaii Centers for Independent Living   | 522-5400                    | <a href="http://www.cil-hawaii.org">www.cil-hawaii.org</a>                         |
| Hawaii Civil Rights Commission  | 586-8636                    | <a href="http://www.labor.hawaii.gov/hcrc">www.labor.hawaii.gov/hcrc</a>           |
| Hawaii Disability Rights Center   | 949-2922;                   | <a href="http://www.hawaiidisabilityrights.org">www.hawaiidisabilityrights.org</a> |
| Hawaii Families As Allies   | 487-8785                    | <a href="http://www.hfaa.net">www.hfaa.net</a>                                     |
| Hawaii State Council on Developmental Disabilities  | 586-8100                    | <a href="http://www.hiddc.org">www.hiddc.org</a>                                   |
| Hawaii State Hospital (psychiatric hospital) - Patient Rights Advisor                     | 236-8244                    |  |
| Learning Disabilities Association of Hawai`i  | 536-9684;<br>1-800-533-9684 | <a href="http://www.ldahawaii.org">www.ldahawaii.org</a>                           |

|  |                                 |  |
|--|---------------------------------|--|
| Legal Aid Society of Hawai`i – Intake Hotline                                  | 536-4302;<br>1-800-499-4302     | <a href="http://www.legalaidhawaii.org">www.legalaidhawaii.org</a>   |
| Long-Term Care Ombudsman Program<br>(Investigation of nursing home complaints) | 586-7268                        | <a href="http://www.health.hawaii.gov/eoa/home/long-term-care-ombudsman-program/">www.health.hawaii.gov/eoa/home/long-term-care-ombudsman-program/</a>   |
| Mental Health America of Hawai`i   | 521-1846                        | <a href="http://www.mentalhealth-hi.org">www.mentalhealth-hi.org</a>   |
| NAMI - National Alliance on Mental Illness                                     | 591-1297                        | <a href="http://www.namihawaii.org">www.namihawaii.org</a>   |
| United Self-Help   | 931-6444; 1-866-866-4357 (HELP) | <a href="http://www.unitedselfhelp.org">www.unitedselfhelp.org</a>   |
| <b>KAUA`I</b>  |                                 |  |
| Disability and Communication Access Board                                      | 274-3141<br>ext.68121#          | <a href="http://www.health.hawaii.gov/dcab">www.health.hawaii.gov/dcab</a>   |
| Hawaii Centers For Independent Living  | 245-4034                        | <a href="http://www.cil-hawaii.org">www.cil-hawaii.org</a>   |
| Hawaii Disability Rights Center  | 1-800-882-1057                  | <a href="http://www.hawaiidisabilityrights.org">www.hawaiidisabilityrights.org</a>   |
| Legal Aid Society of Hawai`i: Kaua`i Intake Hotline                            | 245-7580                        | <a href="http://www.legalaidhawaii.org">www.legalaidhawaii.org</a>   |
| <b>HAWAI`I</b>   |                                 |  |
| Disability and Communication Access Board                                      | 974-4000<br>ext.68121#          | <a href="http://www.health.hawaii.gov/dcab">www.health.hawaii.gov/dcab</a><br><a href="http://www.cil-hawaii.org">www.cil-hawaii.org</a>                 |
| Hawaii Centers For Independent Living  | 935-3777                        |  |
| Hawaii Disability Rights Center  | 1-800-882-1057                  | <a href="http://www.hawaiidisabilityrights.org">www.hawaiidisabilityrights.org</a>   |
| Special Parent Information Network (SPIN)                                      | 974-4000, ext.68126             | <a href="http://spinhawaii.org">spinhawaii.org</a>   |
| <b>MAUI/MOLOKA`I</b>   |                                 |  |
| Disability and Communication Access Board                                      |                                 |  |
| Maui   | 984-2400<br>ext.68121#          | <a href="http://www.health.hawaii.gov/dcab">www.health.hawaii.gov/dcab</a><br><a href="http://www.health.hawaii.gov/dcab">www.health.hawaii.gov/dcab</a> |
| Moloka`i   | 1-800-468-4644<br>ext.68121#    |  |
| Hawai`i Centers For Independent Living – Maui                                  | 242-4966                        | <a href="http://www.cil-hawaii.org">www.cil-hawaii.org</a>   |
| Hawai`i Centers For Independent Living – Moloka`i                              | 553-3340                        | <a href="http://www.cil-hawaii.org">www.cil-hawaii.org</a>   |
| Hawaii Disability Rights Center  | 1-800-882-1057                  | <a href="http://www.hawaiidisabilityrights.org">www.hawaiidisabilityrights.org</a>   |
| Legal Aid Society of Hawai`i – Maui Intake Hotline                             | 242-0724                        | <a href="http://www.legalaidhawaii.org">www.legalaidhawaii.org</a>   |
| Legal Aid Society of Hawai`i – Moloka`i Intake Hotline                         | 553-3251                        | <a href="http://www.legalaidhawaii.org">www.legalaidhawaii.org</a>   |
| Mental Health America of Hawai`i, Maui County Branch                           | 242-6461                        | <a href="http://www.mentalhealth-hi.org/maui-branch">www.mentalhealth-hi.org/maui-branch</a>   |
| United Self-Help   | 1-866-866-4357                  | <a href="http://www.unitedselfhelp.org">www.unitedselfhelp.org</a>   |
| <b>LĀNA`I</b>  |                                 |  |
| Disability and Communication Access Board                                      | 1-800-468-4644<br>ext. 68121#   | <a href="http://www.health.hawaii.gov/dcab">www.health.hawaii.gov/dcab</a>   |
| Hawaii Disability Rights Center  | 1-800-882-1057                  | <a href="http://www.hawaiidisabilityrights.org">www.hawaiidisabilityrights.org</a>   |
| United Self-Help   | 1-866-866-4357                  | <a href="http://www.unitedselfhelp.org">www.unitedselfhelp.org</a>   |

## Counseling Programs

---

### O`AHU

|  |          |  |
|--|----------|--|
| Catholic Charities Hawai`i – The Counseling Center | 527-4470 | <a href="http://www.catholiccharitieshawaii.org/programs/counseling-center">www.catholiccharitieshawaii.org/programs/counseling-center</a>     |
| Counseling and Spiritual Care Center of Hawai`i    | 545-2740 | <a href="http://www.cscch.org">www.cscch.org</a>   |
| Mental Health Kokua                                | 737-2523 | <a href="http://www.mentalhealthkokua.org">www.mentalhealthkokua.org</a>   |
| Queens Counseling Services                         | 691-4401 | <a href="http://www.queensmedicalcenter.org/counseling-and-clinical-services">www.queensmedicalcenter.org/counseling-and-clinical-services</a> |

### HAWAI`I

|  |          |  |
|--|----------|--|
| Catholic Charities Hawai`i – The Counseling Center<br>Hilo | 961-7000 | <a href="http://www.catholiccharitieshawaii.org/programs/counseling-center">www.catholiccharitieshawaii.org/programs/counseling-center</a> |
|--|----------|--|

## Culturally Sensitive Service Providers

---

### O`AHU

|  |          |  |
|--|----------|--|
| Queen Lili`uokalani Children’s Center                              | 847-1302 | <a href="http://www.qlcc.org">www.qlcc.org</a>                     |
| Susannah Wesley Community Center                                   | 847-1535 | <a href="http://www.susannahwesley.org">www.susannahwesley.org</a> |
| Wai`anae Coast Community Mental Health Center<br>(Hale Na`au Pono) | 696-4211 | <a href="http://www.wccmhc.org">www.wccmhc.org</a>                 |

## Developmental Disabilities

---

### O`AHU

|  |          |  |
|--|----------|--|
| Case Management and Information Services Branch<br>(Hawaii State Department of Health) | 733-9172 | <a href="http://www.health.hawaii.gov/ddd">www.health.hawaii.gov/ddd</a>                 |
| Developmental Disabilities Division<br>(Hawaii State Department of Health)             | 586-5840 | <a href="http://www.health.hawaii.gov/ddd">www.health.hawaii.gov/ddd</a>                 |
| Developmental Disabilities Services Branch   | 453-6255 |  |
| Neurotrauma Services   | 453-6151 | <a href="http://www.health.hawaii.gov/nt/helpline">www.health.hawaii.gov/nt/helpline</a> |

### HAWAI`I

|   |          |  |
|---|----------|--|
| Developmental Disabilities Services Branch – Hilo | 974-4280 | <a href="http://www.health.hawaii.gov/ddd">www.health.hawaii.gov/ddd</a> |
|---|----------|--|

### KAUA`I

|  |          |  |
|--|----------|--|
| Developmental Disabilities Services Branch – Lihue | 241-3406 | <a href="http://www.health.hawaii.gov/ddd">www.health.hawaii.gov/ddd</a> |
|--|----------|--|

### MAUI/MOLOKA`I

|  |          |  |
|--|----------|--|
| Developmental Disabilities Services Branch – Wailuku | 243-4625 | <a href="http://www.health.hawaii.gov/ddd">www.health.hawaii.gov/ddd</a> |
|--|----------|--|

## Domestic Violence

---

### O`AHU

|   |          |  |
|---|----------|--|
| Child and Family Service                      | 681-3500 | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>               |
| Domestic Violence Action Center               | 531-3771 | <a href="http://www.domesticviolenceactioncenter.org">www.domesticviolenceactioncenter.org</a> |
| Domestic Violence Program, Catholic Charities | 524-4673 | <a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a>           |

|  |                              |  |
|--|------------------------------|--|
| Hawaii Counseling and Education Center, Inc. – Ke Ala Pono   | 254-6484                     | <a href="http://www.hcechawaii.com">www.hcechawaii.com</a>   |
| PACT Family Peace Center                                     | 832-0855                     | <a href="http://www.pacthawaii.org">www.pacthawaii.org</a>   |
| Domestic Abuse Shelter and Crisis Hotline                    | 841-0822                     | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>                                     |
| Windward Spouse Abuse Shelter Hotline                        | 528-0606                     |  |
| Ohia Shelter Domestic Violence Hotline                       | 526-2200                     | <a href="http://www.pacthawaii.org">www.pacthawaii.org</a>   |
| TIFFE- The Institute for Family Enrichment, LLC              | 596-8433                     | <a href="http://www.tiffe.org">www.tiffe.org</a>   |
| <b>KAUA`I</b>  |                              |  |
| Child and Family Service                                     | 245-5914                     | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>                                     |
| The Family Visitation Center                                 | 821-0574                     | <a href="http://www.pacthawaii.org/kauai_visitation_center.html">www.pacthawaii.org/kauai_visitation_center.html</a> |
| Domestic Violence Crisis Hotline                             | 245-6362                     | <a href="http://www.ywcakauai.org">www.ywcakauai.org</a>   |
| <b>HAWAI`I</b>   |                              |  |
| Child and Family Service                                     | 935-2188                     | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>                                     |
| Hale Ohana Domestic Violence Shelter – Hilo                  | 959-8864                     | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>                                     |
| Domestic Violence Shelter – Kona                             | 322-7233                     | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>                                     |
| TIFFE- The Institute for Family Enrichment, LLC - Hilo       | 961-5166                     | <a href="http://www.tiffe.org">www.tiffe.org</a>   |
| TIFFE- The Institute for Family Enrichment, LLC - Kona       | 323-3305                     | <a href="http://www.tiffe.org">www.tiffe.org</a>   |
| <b>MAUI/MOLOKA`I</b>   |                              |  |
| Child and Family Service – Maui                              | 877-6888                     | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>                                     |
| Child and Family Service – Moloka`i                          | 567-6100                     | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>                                     |
| Hale Ho`omalua Shelter and Alternatives to Violence Moloka`i | 567-6888                     |  |
| PACT Family Peace Center – Maui                              | 244-2330                     | <a href="http://www.pacthawaii.org">www.pacthawaii.org</a>   |
| Women Helping Women Hotline and TRO                          | 579-9581; 242-6600; 242-0775 | <a href="http://www.whwmaui.net">www.whwmaui.net</a>   |

## Dual Diagnosis

---

### O`AHU

|   |          |  |
|---|----------|--|
| Hina Mauka                                  | 236-2600 | <a href="http://www.hinamauka.org">www.hinamauka.org</a>   |
| Po`ailani – Dual Diagnosis Treatment Center | 262-2799 | <a href="http://www.poailani.org">www.poailani.org</a>     |
| Sand Island Treatment Center (Kline-Welsh)  | 841-2319 | <a href="http://www.sandisland.com">www.sandisland.com</a> |

### MAUI/MOLOKA`I

|             |          |  |
|-------------|----------|--|
| Aloha House | 442-6567 | <a href="http://www.aloha-house.org">www.aloha-house.org</a> |
|-------------|----------|--|

## Eating Disorders

---

### O`AHU

|   |          |  |
|---|----------|--|
| Anorexia and Bulimia Center of Hawai`i- Ai Pono | 540-1001 | <a href="http://www.aipono.com">www.aipono.com</a> |
|---|----------|--|



## Elderly, Services for: See Senior Services

---

### Health Insurance Providers/Plans

---

#### O`AHU

|   |                             |  |
|---|-----------------------------|--|
| AlohaCare   | 973-1650                    | <a href="http://www.alohacare.org">www.alohacare.org</a>   |
| Attention Plus Care   | 739-2811                    | <a href="http://www.attentionplus.com/index.php">www.attentionplus.com/index.php</a>   |
| Hawai`i Medical Assurance Association (HMAA)                                    | 591-0088;<br>1-800-621-6998 | <a href="http://www.hmaa.com">www.hmaa.com</a>   |
| Hawai`i Medical Service Association (HMSA)                                      | 948-6111;<br>1-800-776-4672 | <a href="http://www.hmsa.com">www.hmsa.com</a>   |
| Hawai`i Medical Service Association (HMSA)<br>Behavioral Health Care Connection | 952-4400                    |  |
| Hawai`i MedQUEST/Medicaid/QeXA<br>Eligibility                                   | 587-3521                    | <a href="http://www.mybenefits.hawaii.gov">www.mybenefits.hawaii.gov</a>   |
| Problems with eligibility/health plan enrollment                                | 524-3370                    |  |
| Kaiser Permanente Behavioral Services   | 432-5955;<br>1-800-966-5955 | <a href="http://www.kp.org">www.kp.org</a>   |
| Medicaid Dental Care  | 792-1070;<br>1-866-486-8030 |  |
| `Ohana Health Plan/CCS  | 1-888-846-4262              | <a href="http://www.ohanahealthplan.com">www.ohanahealthplan.com</a><br><a href="http://www.ohanacares.com">www.ohanacares.com</a> |
| United Healthcare Community Plan<br>QUEST                                       | 1-877-512-9357              |  |
| QExA  | 1-888-980-8728              |  |
| UHA (University Health Alliance)  | 532-4000                    | <a href="http://www.uhahealth.com">www.uhahealth.com</a>   |
| <b>KAUA`I</b>   |                             |  |
| Hawai`i Medical Service Association (HMSA)                                      | 245-3393                    | <a href="http://www.hmsa.com">www.hmsa.com</a>   |
| <b>HAWAI`I</b>  |                             |  |
| Hawai`i Quest/Medicaid (West Hawai`i)   | 327-4970                    | <a href="http://www.med-quest.us/eligibility/index.html">www.med-quest.us/eligibility/index.html</a>                               |
| <b>MAUI/MOLOKA`I</b>  |                             |  |
| Kaiser Permanente - Maui  | 891-6800                    | <a href="http://www.kp.org">www.kp.org</a>   |

### Homeless Shelters & Services

---

#### O`AHU

|   |          |  |
|---|----------|--|
| Care-A-Van Health Care for the Homeless | 922-4790 | <a href="http://www.waikikihc.org">www.waikikihc.org</a>                   |
| Hale Kipa Youth Services                | 589-1829 | <a href="http://www.halekipa.org">www.halekipa.org</a>                     |
| Institute for Human Services (I.H.S.)   | 447-2800 | <a href="http://www.ihshawaii.org">www.ihshawaii.org</a>                   |
| Kahumana                                | 696-8844 | <a href="http://www.kahumana.org">www.kahumana.org</a>                     |
| Network Enterprises (military)          | 833-1923 | <a href="http://www.networkenterprises.org">www.networkenterprises.org</a> |

|   |          |  |
|---|----------|--|
| Next Step Shelter                                 | 922-4790 | <a href="http://www.waikikihc.org">www.waikikihc.org</a>                             |
| Transitional Housing                              | 696-4039 |  |
| Onemalu Transitional Shelter - Kalaeloa           | 682-3869 |  |
| Safe Haven for Homeless Mentally Ill              | 737-2523 | <a href="http://www.mentalhealthkokua.org">www.mentalhealthkokua.org</a>             |
| U.S. Vets (for military) - Waianae                | 696-6770 | <a href="http://www.usvetsinc.org/waianae">www.usvetsinc.org/waianae</a>             |
| U.S. Vets (for military) – Kapolei                | 682-9000 | <a href="http://www.usvetsinc.org/barberspoint">www.usvetsinc.org/barberspoint</a>   |
| Youth Outreach (YO) for homeless youth            | 942-5858 | <a href="http://www.waikikihc.org">www.waikikihc.org</a>                             |
| <b>HAWAI`I</b>                                    |          |  |
| Care-A-Van/Hope Services of Hawai`i (island wide) | 935-3050 |  |
| Catholic Charities- Kawaihoe Transitional Housing | 935-4673 | <a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a> |
| <b>KAUA`I</b>                                     |          |  |
| Kauai Economic Opportunity                        | 245-4077 | <a href="http://www.keoinc.org">www.keoinc.org</a>                                   |
| Wilcox Adult Day Health                           | 246-6919 |  |
| <b>MAUI/MOLOKA`I</b>                              |          |  |
| Ka Hale A Ke Ola Homeless Resource Center         |          | <a href="http://www.khako.org/index.php">www.khako.org/index.php</a>                 |
| Wailuku   | 242-7600 |  |
| Lahaina   | 662-0076 |  |
| Salvation Army                                    |          | <a href="http://www1.usw.salvationarmy.org">www1.usw.salvationarmy.org</a>           |
| Kahului Corps                                     | 871-6270 |  |
| Lahaina Corps                                     | 661-5335 |  |

## Hospitals & Medical Centers

---

### O`AHU

|  |                    |  |
|--|--------------------|--|
| Castle Medical Center (in-patient psych unit)        | 263-5500           | <a href="http://www.castlemed.org">www.castlemed.org</a>             |
| Hawai`i State Hospital (psychiatric hospital)        | 247-2191           |  |
| Hawai`i State Hospital Patient Rights Advisor        | 236-8244           |  |
| Kāhi Mōhala Behavioral Health (psychiatric hospital) | 671-8511           | <a href="http://www.kahimohala.org">www.kahimohala.org</a>           |
| Kahuku Medical Center                                | 293-9221           |  |
| Kaiser Permanente Moanalua Hospital and Clinic       | 432-0000           | <a href="http://www.kp.org">www.kp.org</a>                           |
| Kalihi-Palama Health Center – Kalihi                 | 845-0686           | <a href="http://www.kphc.org">www.kphc.org</a>                       |
| Kalihi-Palama Health Center - Downtown               | 792-5576           | <a href="http://www.kphc.org">www.kphc.org</a>                       |
| Kapiolani Medical Center                             | 983-6000           | <a href="http://www.kapiolani.org">www.kapiolani.org</a>             |
| Kapiolani Medical Center at Pali Momi                | 486-6000           | <a href="http://www.kapiolani.org">www.kapiolani.org</a>             |
| Kuakini Medical Center                               | 536-2236           | <a href="http://www.kuakini.org">www.kuakini.org</a>                 |
| Queen’s Referral Line (in-patient psych unit)        | 691-7117; 538-9011 | <a href="http://www.queens.org">www.queens.org</a>                   |
| Rehabilitation Hospital of the Pacific               | 531-3511           | <a href="http://www.rehabhospital.org">www.rehabhospital.org</a>     |
| Straub Clinic and Hospital                           | 522-4000           | <a href="http://www.straubhealth.org">www.straubhealth.org</a>       |
| Tripler Army Medical Center                          | 433-6661           | <a href="http://www.tamc.amedd.army.mil">www.tamc.amedd.army.mil</a> |
| Wahiawa General Hospital                             | 621-8411           | <a href="http://www.wahiawageneral.org">www.wahiawageneral.org</a>   |

**HAWAI`I**

|   |          |  |
|---|----------|--|
| Hale Ho`ola Hamakua                             | 932-4100 | <a href="http://www.hhh.hhsc.org">www.hhh.hhsc.org</a>                   |
| Hilo Medical Center                             | 932-3000 | <a href="http://www.hilomedicalcenter.org">www.hilomedicalcenter.org</a> |
| Kaiser Permanente Hilo Clinic                   | 934-4000 | <a href="http://www.kp.org">www.kp.org</a>                               |
| Ka`u Hospital - Pahala                          | 932-4200 | <a href="http://www.kau.hhsc.org">www.kau.hhsc.org</a>                   |
| Kohala Hospital                                 | 889-6211 | <a href="http://www.koh.hhsc.org">www.koh.hhsc.org</a>                   |
| Kona Community Hospital (in-patient psych unit) | 322-9311 | <a href="http://www.kch.hhsc.org">www.kch.hhsc.org</a>                   |
| North Hawai`i Community Hospital                | 885-4444 | <a href="http://www.nhch.com">www.nhch.com</a>                           |

**KAUA`I**

|   |          |  |
|---|----------|--|
| Kaua`i Medical Clinic                           |          |  |
| Lihue   | 245-1500 | <a href="http://www.hawaiiipacifichealth.org">www.hawaiiipacifichealth.org</a> |
| Eleele  | 335-0499 |  |
| Kapaa   | 822-3431 |  |
| Koloa   | 742-1621 |  |
| Mahelona Medical Center (in-patient psych unit) | 822-4961 | <a href="http://www.smmh.hhsc.org">www.smmh.hhsc.org</a>                       |
| West Kauai Medical Center                       | 338-9431 | <a href="http://www.kvmh.hhsc.org">www.kvmh.hhsc.org</a>                       |
| Wilcox Memorial Hospital                        | 245-1100 | <a href="http://www.wilcoxhealth.org">www.wilcoxhealth.org</a>                 |

**MAUI/MOLOKA`I**

|  |          |  |
|--|----------|--|
| Hawai`i Health Systems Corp (in-patient psych unit)  | 733-4020 | <a href="http://www.hhsc.org">www.hhsc.org</a>                                     |
| Kaiser Permanente Wailuku Clinic                     | 243-6000 | <a href="http://www.kp.org">www.kp.org</a>   |
| Kula Hospital  | 878-1221 | <a href="http://www.kula.hhsc.org">www.kula.hhsc.org</a>                           |
| Maui Hana Medical Center                             | 248-7515 | <a href="http://www.hanahealth.org">www.hanahealth.org</a>                         |
| Maui Memorial Medical Center (in-patient psych unit) | 244-9056 | <a href="http://www.mmmc.hhsc.org">www.mmmc.hhsc.org</a>                           |
| Moloka`i Family Planning Project                     | 553-3145 |  |
| Moloka`i Family Support Services                     | 553-3276 |  |
| Moloka`i General Hospital                            | 553-5331 | <a href="http://www.molokaigeneralhospital.org">www.molokaigeneralhospital.org</a> |
| Napu`uwai Native Hawaiian Health Care                | 560-3653 | <a href="http://www.napuuwai.com">www.napuuwai.com</a>                             |

**LĀNA`I**

|                 |          |  |
|-----------------|----------|--|
| Lāna`i Hospital | 565-8450 | <a href="http://www.lch.hhsc.org">www.lch.hhsc.org</a> |
|-----------------|----------|--|

**Housing Information/Providers****O`AHU**

|   |                |  |
|---|----------------|--|
| Aloha Independent Living Hawai`i                    | 1-800-385-2454 | <a href="http://www.AlohaILHawaii.org">www.AlohaILHawaii.org</a>               |
| Dept. of Human Services Public Assistance Info Line | 643-1643       | <a href="http://www.humanservices.hawaii.gov">www.humanservices.hawaii.gov</a> |
| Hawai`i Public Housing Authority                    | 832-4692       | <a href="http://www.hcdch.state.hi.us">www.hcdch.state.hi.us</a>               |
| Hawai`i Centers for Independent Living              | 522-5400       | <a href="http://www.cil-hawaii.org">www.cil-hawaii.org</a>                     |

**HAWAI`I**

|  |                    |  |
|--|--------------------|--|
| Hawai`i County Housing                 | 959-4642           |  |
| Hawai`i Centers for Independent Living | 935-3777           | <a href="http://www.cil-hawaii.org">www.cil-hawaii.org</a>       |
| Hawai`i Public Housing Authority       | 974-4000 ext24692# | <a href="http://www.hcdch.state.hi.us">www.hcdch.state.hi.us</a> |

**KAUA`I**

|                                     |                    |  |
|-------------------------------------|--------------------|--|
| Kauai Economic Opportunity          | 245-4077           | <a href="http://www.keoinc.org">www.keoinc.org</a>               |
| <b>MAUI/MOLOKA`I</b>                |                    |  |
| County of Maui                      | 270-7805           | <a href="http://www.mauicounty.gov">www.mauicounty.gov</a>       |
| Hawai`i Public Housing Authority    | 984-2400 ext24692# | <a href="http://www.hcdch.state.hi.us">www.hcdch.state.hi.us</a> |
| Lokahi Pacific                      | 242-5761           | <a href="http://www.lokahipacific.org">www.lokahipacific.org</a> |
| Maui Centers for Independent Living | 242-4966           | <a href="http://www.cil-hawaii.org">www.cil-hawaii.org</a>       |
| Moloka`i Hale Mahaolu               | 872-4100           | <a href="http://www.halemahaolu.org">www.halemahaolu.org</a>     |

**LĀNA`I**

|                                  |                             |  |
|----------------------------------|-----------------------------|--|
| Hawai`i Public Housing Authority | 1-800-468-4644<br>ext24692# | <a href="http://www.hcdch.state.hi.us">www.hcdch.state.hi.us</a>         |
| Lāna`i Castle & Cooke Housing    | 565-4800                    | <a href="http://www.castlecookehawaii.com">www.castlecookehawaii.com</a> |

**Immigrant Services**

---

**O`AHU**

|  |                |   |
|--|----------------|---|
| Bilingual Access Line (24 hours)                                 | 526-9724       | <a href="http://www.helpinghandshawaii.org">www.helpinghandshawaii.org</a>  |
| Catholic Charities Immigrant Services                            | 521-4357       | <a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a>  |
| Child and Family Service   | 681-500        | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>  |
| Hawai`i Immigrant Justice Center at Legal Aid Society of Hawai`i | 536-8826       | <a href="http://www.kukuicenter.org/hawaii-immigrant-justice-center/">http://www.kukuicenter.org/hawaii-immigrant-justice-center/</a> |
| Lanakila Easy Access Project                                     | 832-5685       |   |
| Legal Aid Society of Hawai`i                                     | 536-4302       | <a href="http://www.legalaidhawaii.org">www.legalaidhawaii.org</a>  |
| Pacific Gateway Center   | 851-7010       | <a href="http://www.pacificgatewaycenter.org">www.pacificgatewaycenter.org</a>  |
| Susannah Wesley Community Center                                 | 847-1535       | <a href="http://www.susannahwesley.org">www.susannahwesley.org</a>  |
| U.S. Citizenship and Immigration Services                        | 1-800-375-5283 | <a href="http://www.uscis.gov">www.uscis.gov</a>  |

**HAWAI`I**

|                                       |          |  |
|---------------------------------------|----------|--|
| County Immigration Information Office | 961-8220 | <a href="http://www.hawaiicounty.gov/immigration">www.hawaiicounty.gov/immigration</a> |
|---------------------------------------|----------|--|

**MAUI/MOLOKA`I**

|                         |          |  |
|-------------------------|----------|--|
| Maui Immigrant Services | 270-7791 | <a href="http://www.co.maui.hi.us/index.aspx?NID=253">www.co.maui.hi.us/index.aspx?NID=253</a> |
|-------------------------|----------|--|

**Jail & Prison Services**

---

**O`AHU**

|   |          |  |
|---|----------|--|
| The Community Assistance Center                   | 537-2917 | <a href="http://www.cachawaii.org">www.cachawaii.org</a>           |
| Department of Public Safety- Health Care Division | 587-1250 | <a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a>         |
| Halawa Correctional Facility                      | 485-5200 | <a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a>         |
| Hawai`i Courts and Corrections                    | 832-1852 | <a href="http://www.courts.state.hi.us">www.courts.state.hi.us</a> |
| Oahu Community Correctional Center                | 832-1777 | <a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a>         |
| Waiawa Correctional Facility                      | 677-6150 | <a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a>         |
| Women`s Correctional Center                       | 266-9580 | <a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a>         |

**HAWAI`I**

|                                       |          |  |
|---------------------------------------|----------|--|
| Hawai`i Community Correctional Center | 933-0428 | <a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a> |
|---------------------------------------|----------|--|

**KAUA`I**

|                                     |          |  |
|-------------------------------------|----------|--|
| Kauai Community Correctional Center | 241-3057 |  |
|-------------------------------------|----------|--|

**MAUI/MOLOKA`I**

|                                    |          |  |
|------------------------------------|----------|--|
| Maui Community Correctional Center | 243-5861 | <a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a> |
|------------------------------------|----------|--|

|                         |          |  |
|-------------------------|----------|--|
| Moloka`i Police Station | 553-5355 |  |
|-------------------------|----------|--|

**LĀNA`I**

|                       |          |  |
|-----------------------|----------|--|
| Lāna`i Police Station | 565-6428 |  |
|-----------------------|----------|--|

**Job Training & Placement**

---

**O`AHU**

|                                     |          |  |
|-------------------------------------|----------|--|
| Goodwill Vocational Training Center | 836-0313 | <a href="http://www.higoodwill.org">www.higoodwill.org</a> |
|-------------------------------------|----------|--|

|                  |          |  |
|------------------|----------|--|
| Lanakila Pacific | 531-0555 | <a href="http://www.lanakilapacific.org">www.lanakilapacific.org</a> |
|------------------|----------|--|

|                           |          |  |
|---------------------------|----------|--|
| Network Enterprises, Inc. | 521-7774 | <a href="http://www.networkenterprises.org">www.networkenterprises.org</a> |
|---------------------------|----------|--|

|                                 |          |  |
|---------------------------------|----------|--|
| State Vocational Rehab Division | 692-8601 | <a href="http://www.hawaiiivr.org">www.hawaiiivr.org</a> |
|---------------------------------|----------|--|

|                 |          |  |
|-----------------|----------|--|
| Winners at Work | 532-2100 | <a href="http://www.abilitiesunlimitedhi.org">www.abilitiesunlimitedhi.org</a> |
|-----------------|----------|--|

**KAUA`I**

|                                 |          |  |
|---------------------------------|----------|--|
| State Vocational Rehab Division | 274-3333 | <a href="http://www.hawaiiivr.org">www.hawaiiivr.org</a> |
|---------------------------------|----------|--|

**HAWAI`I**

|                 |          |  |
|-----------------|----------|--|
| Brantley Center | 775-7245 | <a href="http://www.thebrantleycenter.org/?p=6">www.thebrantleycenter.org/?p=6</a> |
|-----------------|----------|--|

|                              |          |  |
|------------------------------|----------|--|
| Economic Opportunity Council | 961-2681 |  |
|------------------------------|----------|--|

|                                 |          |  |
|---------------------------------|----------|--|
| State Vocational Rehab Division | 323-0025 | <a href="http://www.hawaiiivr.org">www.hawaiiivr.org</a> |
|---------------------------------|----------|--|

**MAUI/MOLOKA`I**

|                                      |          |  |
|--------------------------------------|----------|--|
| Maui State Vocational Rehab Division | 984-8350 | <a href="http://www.hawaiiivr.org">www.hawaiiivr.org</a> |
|--------------------------------------|----------|--|

|                              |          |  |
|------------------------------|----------|--|
| Moloka`i Occupational Center | 553-3266 |  |
|------------------------------|----------|--|

|  |          |  |
|--|----------|--|
| Moloka`i State Vocational Rehab Division | 553-3621 |  |
|--|----------|--|

**Legal Services**

---

**O`AHU**

|                                 |          |  |
|---------------------------------|----------|--|
| Hawai`i Civil Rights Commission | 586-8636 | <a href="http://www.labor.hawaii.gov">www.labor.hawaii.gov</a> |
|---------------------------------|----------|--|

|                                  |                             |  |
|----------------------------------|-----------------------------|--|
| Hawai`i Disability Rights Center | 949-2922;<br>1-800-882-1057 | <a href="http://www.hawaiidisabilityrights.org">www.hawaiidisabilityrights.org</a> |
|----------------------------------|-----------------------------|--|

|                   |          |  |
|-------------------|----------|--|
| Legal Aid Society | 536-4302 | <a href="http://www.legalaidhawaii.org">www.legalaidhawaii.org</a> |
|-------------------|----------|--|

|   |          |  |
|---|----------|--|
| Maximum Legal Services Corp. (Trust and Conservatorships for disabled and minors) | 585-0920 | <a href="http://www.maxcorp-hi.org">www.maxcorp-hi.org</a> |
|---|----------|--|

|                                     |          |  |
|-------------------------------------|----------|--|
| Volunteer Legal Services of Hawai`i | 528-7046 | <a href="http://www.vlsh.org">www.vlsh.org</a> |
|-------------------------------------|----------|--|

**KAUA`I**

|                                    |                |  |
|------------------------------------|----------------|--|
| Hawai`i Disabilities Rights Center | 1-800-882-1057 | <a href="http://www.hawaiidisabilityrights.org">www.hawaiidisabilityrights.org</a> |
|------------------------------------|----------------|--|

## **HAWAI`I**

|  |                    |  |
|--|--------------------|--|
| Child and Family Services (TROs) - Hilo    | 935-2188           | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>   |
| Child and Family Services (TROs) - Kona    | 323-2664           | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>   |
| Hawai`i Disabilities Rights Center         | 1-800-882-1057     | <a href="http://www.hawaiidisabilityrights.org">www.hawaiidisabilityrights.org</a> |
| Legal Aid Society & Seniors Program - Kona | 329-3910           | <a href="http://www.legalaidhawaii.org">www.legalaidhawaii.org</a>                 |
| Public Defender                            | 974-4573; 322-1945 | <a href="http://www.hawaii.gov/budget/pd">www.hawaii.gov/budget/pd</a>             |
| West Hawai`i Mediation Services            | 885-5525; 326-2666 | <a href="http://www.whmediation.org">www.whmediation.org</a>                       |

## **MAUI/MOLOKA`I**

|                                    |                |  |
|------------------------------------|----------------|--|
| Hawai`i Disabilities Rights Center | 1-800-882-1057 | <a href="http://www.hawaiidisabilityrights.org">www.hawaiidisabilityrights.org</a> |
| Legal Aid Society                  | 244-3731       | <a href="http://www.legalaidhawaii.org">www.legalaidhawaii.org</a>                 |

## **LĀNA`I**

|                                    |                |  |
|------------------------------------|----------------|--|
| Hawai`i Disabilities Rights Center | 1-800-882-1057 | <a href="http://www.hawaiidisabilityrights.org">www.hawaiidisabilityrights.org</a> |
| Lāna`i Legal Aid Society           | 565-6089       | <a href="http://www.legalaidhawaii.org">www.legalaidhawaii.org</a>                 |

## **Lesbian/Gay/Bisexual/Transgender**

---

### **O`AHU**

|   |                    |  |
|---|--------------------|--|
| Da Moms                                     | 383-2111           | <a href="mailto:ocsjosie@hotmail.com">ocsjosie@hotmail.com</a>                                 |
| It Gets Better Project                      |                    | <a href="http://www.itgetsbetter.org">www.itgetsbetter.org</a>                                 |
| Life Foundation                             | 521-2437           | <a href="http://www.lifefoundation.org">www.lifefoundation.org</a>                             |
| PFLAG O`ahu                                 | 672-9050; 779-9087 | <a href="http://www.pflagoahu.org">www.pflagoahu.org</a>                                       |
| The Trevor Project                          | (866) 488-7386     | <a href="http://www.thetrevorproject.org">www.thetrevorproject.org</a>                         |
| University of Hawai`i LGBT Student Services | 956-9250           | <a href="http://www.manoa.hawaii.edu/lgbt/index.html">www.manoa.hawaii.edu/lgbt/index.html</a> |

### **KAUA`I**

|              |          |  |
|--------------|----------|--|
| PFLAG Kaua`i | 634-0127 | <a href="mailto:pflagkauai@gmail.com">pflagkauai@gmail.com</a> |
|--------------|----------|--|

### **HAWAI`I**

|                  |          |  |
|------------------|----------|--|
| PFLAG Big Island | 238-2880 | <a href="mailto:pflagbigisland@gmail.com">pflagbigisland@gmail.com</a> |
|------------------|----------|--|

## **Marriage & Family Services**

---

### **O`AHU**

|   |          |  |
|---|----------|--|
| Catholic Charities Family Services                    | 521-4357 | <a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a> |
| Child and Family Service                              | 681-3500 | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>     |
| Counseling and Spiritual Care Center of Hawai`i       | 545-2740 | <a href="http://www.cscch.org">www.cscch.org</a>                                     |
| Hawai`i Association of Marriage and Family Therapists | 987-7070 | <a href="http://www.hamft.net">www.hamft.net</a>                                     |
| Jewish Community Services                             | 258-7121 | <a href="http://www.jcs-hi.org">www.jcs-hi.org</a>                                   |
| Queen Lili`uokalani Children`s Center (Ho`oponopono)  | 847-1302 | <a href="http://www qlcc.org">www.qlcc.org</a>                                       |

### **KAUA`I**

|                          |          |  |
|--------------------------|----------|--|
| Child and Family Service | 245-5914 | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a> |
|--------------------------|----------|--|

### **MAUI/MOLOKA`I**

|                               |          |  |
|-------------------------------|----------|--|
| Maui Child and Family Service | 877-6888 | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a> |
|-------------------------------|----------|--|

## Mediation Services

---

### O`AHU

Mediation Center of the Pacific 521-6767 [www.mediatehawaii.org](http://www.mediatehawaii.org)

### HAWAI`I

Kuikahi Mediation Center 935-7844 [www.hawaii-mediation.org](http://www.hawaii-mediation.org)

West Hawai`i Mediation Services 885-5525 [www.whmediation.org](http://www.whmediation.org)

### MAUI/MOLOKA`I

Mediation Services of Maui 244-5744 [www.mauimediation.org](http://www.mauimediation.org)

## Military Mental Health Services

---

### O`AHU

Adolescent Substance Abuse Counseling Service 655-9944 [www.asacs.org](http://www.asacs.org)

Alcohol and Drug Abuse Prevention and Control Program, Schofield Barracks 433-8700 [www.garrison.hawaii.army.mil/asap](http://www.garrison.hawaii.army.mil/asap)

DSTRESS Help Line (Marine Corps and Vets) 877-476-7734 [www.dstressline.com](http://www.dstressline.com)

Military One Source 1-800-342-9647 [www.militaryonesource.mil](http://www.militaryonesource.mil)

National Call Center for Homeless Veterans 1-800-273-8255x1 [www.va.gov/HOMELESS/NationalCenter\\_VHPD.asp](http://www.va.gov/HOMELESS/NationalCenter_VHPD.asp)

Honolulu Vet Center 973-8387 [www.vetcenter.va.gov](http://www.vetcenter.va.gov)

US Vets Waianae Facility 696-6770 <http://www.usvetsinc.org/waianae/>

Veterans Affairs Mental Health Clinic 433-0600

Veterans Crisis Line (Suicide Prevention Counseling) 1-800-273-8255x1 [http://www.va.gov/HOMELESS/NationalCenter\\_VHPD.asp](http://www.va.gov/HOMELESS/NationalCenter_VHPD.asp)

Veterans Day Treatment Program (Tripler) 1-800-214-1406 [www.hawaii.va.gov/contact/inbox.asp](http://www.hawaii.va.gov/contact/inbox.asp)

### KAUA`I

Vet Center 246-1163 [www.vetcenter.va.gov](http://www.vetcenter.va.gov)

Veterans Clinic 246-0497

### HAWAI`I

Veterans Affairs Primary Care Clinic (Community Based Outpatient Clinic) - Hilo 935-3781 [www.vetcenter.va.gov](http://www.vetcenter.va.gov)

### MAUI/MOLOKA`I

Maui Community-Based Outpatient Clinic 871-2454

Maui Vet Center 242-8557 [www.vetcenter.va.gov](http://www.vetcenter.va.gov)

## Postpartum Depression/Anxiety

---

### O`AHU

Postpartum Depression (PPD) Support HI 392-7985 [www.ppdsupporthi.org](http://www.ppdsupporthi.org)

## Professional Organizations

---

### O`AHU

Hawai`i Association of Marriage and Family Therapists 987-7070 [www.hamft.net](http://www.hamft.net)

|  |                |  |
|--|----------------|--|
| Hawai'i Nurses Association                     | 531-1628       | <a href="http://www.hawaiinurses.org">www.hawaiinurses.org</a>           |
| Hawai'i Psychiatric Medical Association        | 1-800-572-3015 | <a href="http://www.hawaiipsychiatric.org">www.hawaiipsychiatric.org</a> |
| Hawai'i Psychological Association              | 521-8995       | <a href="http://www.hawaiipsychology.org">www.hawaiipsychology.org</a>   |
| National Association of Social Workers/Hawai'i | 521-1787       | <a href="http://www.naswhi.org">www.naswhi.org</a>                       |

## Rent Assistance

---

### O`AHU

|                                      |          |  |
|--------------------------------------|----------|--|
| Catholic Charities Hawaii            | 521-4357 | <a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a> |
| Helping Hands Hawaii                 |          | <a href="http://www.helpinghandshawaii.org">www.helpinghandshawaii.org</a>           |
| Emergency Assistance Program         | 440-3835 |  |
| Punawai Program for Native Hawaiians | 440-3804 |  |
| The Salvation Army                   | 841-5565 | <a href="http://www.hawaii.salvationarmy.org">www.hawaii.salvationarmy.org</a>       |

### HAWAI'I

|                            |          |  |
|----------------------------|----------|--|
| Catholic Charities Hawai'i | 935-4673 |  |
| Hope Services Hawaii, Inc. | 935-3050 | <a href="http://www.hopeserviceshawaii.org">www.hopeserviceshawaii.org</a> |

### KAUA'I

|                            |          |  |
|----------------------------|----------|--|
| Catholic Charities Hawai'i | 241-4673 | <a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a> |
|----------------------------|----------|--|

### MAUI

|                            |          |  |
|----------------------------|----------|--|
| Catholic Charities Hawai'i | 873-4673 | <a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a> |
|----------------------------|----------|--|

## Residential Treatment, Supportive Housing, Group Homes: Adults

---

### O`AHU

|  |                    |  |
|--|--------------------|--|
| Breaking Boundaries, Inc                                 | 312-1530           | <a href="http://www.breakingboundariesinc.org">www.breakingboundariesinc.org</a>     |
| CARE Hawai'i, Inc.                                       | 533-3936           | <a href="http://www.carehawaii.com">www.carehawaii.com</a>                           |
| Catholic Charities Family Services                       | 521-4357           | <a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a> |
| Hina Mauka   | 236-2600           | <a href="http://www.hinamauka.org">www.hinamauka.org</a>                             |
| Kahumana Residential Special Treatment Facility          | 696-6699           |  |
| Mental Health Kokua                                      | 737-2523           | <a href="http://www.mentalhealthkokua.org">www.mentalhealthkokua.org</a>             |
| Po`ailani  | 263-1065; 262-2799 | <a href="http://www.poailani.org">www.poailani.org</a>                               |
| Safe Haven for Homeless Mentally Ill                     | 524-7233           | <a href="http://www.mentalhealthkokua.org">www.mentalhealthkokua.org</a>             |
| Sand Island  | 841-2319           | <a href="http://www.sandisland.com">www.sandisland.com</a>                           |
| Steadfast Housing  | 599-6230           | <a href="http://www.steadfast-hawaii.org">www.steadfast-hawaii.org</a>               |
| Wai`anae Coast Community Health Center (Hale Na`au Pono) | 696-4211           | <a href="http://www.wccmhc.org">www.wccmhc.org</a>                                   |

### HAWAI'I

|                            |          |  |
|----------------------------|----------|--|
| Community Care Services    | 935-3481 |  |
| Mental Health Kokua – Hilo | 935-7167 | <a href="http://www.mentalhealthkokua.org">www.mentalhealthkokua.org</a> |
| Mental Health Kokua – Kona | 331-1468 | <a href="http://www.mentalhealthkokua.org">www.mentalhealthkokua.org</a> |



## Residential Treatment Programs: Children and Teens

---

### O`AHU

|   |          |  |
|---|----------|--|
| CARE Hawai`i, Inc. (Crisis Residential) – Kaneohe | 234-5825 | <a href="http://www.carehawaii.com">www.carehawaii.com</a>                           |
| Catholic Charities Family Services                | 521-4357 | <a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a> |
| Child and Family Service                          | 543-8494 | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>     |
| Hale Kipa   | 589-1829 | <a href="http://www.halekipa.org">www.halekipa.org</a>                               |
| Kailana, Tole Mour (Marimed Foundation)           | 239-2939 | <a href="http://www.marimed.org">www.marimed.org</a>                                 |

### HAWAI`I

|                          |          |  |
|--------------------------|----------|--|
| Child and Family Service | 935-2188 | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a> |
|--------------------------|----------|--|

### KAUA`I

|                  |          |  |
|------------------|----------|--|
| Hale Opio Kaua`i | 245-2873 | <a href="http://www.haleopio.org">www.haleopio.org</a> |
|------------------|----------|--|

### MAUI/MOLOKA`I

|                                      |          |  |
|--------------------------------------|----------|--|
| Community Service Council (Moloka`i) | 553-3244 | <a href="http://www.molokai.org">www.molokai.org</a>         |
| Maui Farm                            | 579-8271 | <a href="http://www.themauifarm.org">www.themauifarm.org</a> |
| Maui Youth and Family Service        | 579-8414 | <a href="http://www.myfs.org">www.myfs.org</a>               |

## Respite Services: Families, Children/Youth, and Adults

---

### O`AHU

|  |          |  |
|--|----------|--|
| Hawai`i Family Services – Wai`anae                       | 696-3482 |  |
| Mental Health Kokua Respite Coordinator on O`ahu         | 735-6423 | <a href="http://www.mentalhealthkokua.org">www.mentalhealthkokua.org</a> |
| Time-Out from parenting for families under stress (PACT) | 847-3285 | <a href="http://www.pacthawaii.org">www.pacthawaii.org</a>               |
| Tutu Support Group                                       | 696-3482 |  |

### MAUI/MOLOKA`I

|                                     |          |  |
|-------------------------------------|----------|--|
| Maui Centers for Independent Living | 242-4966 | <a href="http://www.hawaii-cil-org">www.hawaii-cil-org</a>               |
| Maui Lokahi Pacific                 | 242-5761 | <a href="http://www.lokahipacific.org">www.lokahipacific.org</a>         |
| Mental Health Kokua                 | 244-7405 | <a href="http://www.mentalhealthkokua.org">www.mentalhealthkokua.org</a> |

## Senior Caregiver Support Services

---

### O`AHU

|   |                |  |
|---|----------------|--|
| Alzheimer's Association                                       | 1-800-272-3900 | <a href="http://www.alz.org/hawaii">www.alz.org/hawaii</a>   |
| Castle Home Care  | 263-5077       | <a href="http://www.castlemed.org/cgi-bin/contact-home-care.cgi">www.castlemed.org/cgi-bin/contact-home-care.cgi</a> |
| Catholic Charities Hawai`i/Community Senior Services Division | 527-4777       | <a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a>                                 |
| Central O`ahu Caregivers' Support Group                       | 625-0420       | <a href="http://www.wvpress.com/care">www.wvpress.com/care</a>   |
| Child and Family Services Gerontology Program                 | 543-8468       | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>                                     |
| Eldercare Support Group                                       | 395-9082       |  |

|  |          |  |
|--|----------|--|
| Project Dana   | 945-3736 | <a href="http://www.projectdana.org">www.projectdana.org</a>   |
| Respite Companion Services   | 586-5192 |  |
| VA Caregivers Support Group  | 433-7646 |  |
| <b>KAUAI</b>   |          |  |
| Adult Protective Services  | 241-3432 |  |
| Kauai Agency on Elderly Affairs  | 241-4470 | <a href="http://www.kauai.gov/elderly">www.kauai.gov/elderly</a>   |
| Statewide: State Long-Term Care Ombudsman<br>(Investigation of nursing home complaints on O`ahu) | 586-7268 | <a href="http://www.hawaiiadrc.org/site/438/long_term_care_ombudsman.aspx">www.hawaiiadrc.org/site/438/long_term_care_ombudsman.aspx</a> |
| <b>HAWAII</b>  |          |  |
| Alzheimer's Association  | 981-2111 | <a href="http://www.alz.org/hawaii">www.alz.org/hawaii</a>   |
| Elderly Affairs  | 768-7700 | <a href="http://www.elderlyaffairs.com">www.elderlyaffairs.com</a>   |
| Hawai'i Adult Protective Services – Hilo   | 933-8820 | <a href="http://www.napsa-now.org/get-help/help-in-your-area/hawaii/">www.napsa-now.org/get-help/help-in-your-area/hawaii/</a>           |
| Hawai'i Adult Protective Services – Kona   | 327-6280 |  |
| Hawai'i County Area Office on Aging – Hilo   | 961-8626 | <a href="http://www.hcoahawaii.org/site/363/contact_us.aspx">www.hcoahawaii.org/site/363/contact_us.aspx</a>                             |
| Hawai'i County Area Office on Aging – Kona   | 323-4390 |  |
| Statewide: State Long-Term Care Ombudsman<br>(Investigation of nursing home complaints)          | 586-7268 | <a href="http://www.hawaiiadrc.org/site/438/long_term_care_ombudsman.aspx">www.hawaiiadrc.org/site/438/long_term_care_ombudsman.aspx</a> |

## Senior Services

### O`AHU

|  |                             |  |
|--|-----------------------------|--|
| AARP Hawai'i   | 545-6006                    | <a href="http://www.states.aarp.org/aarp-resource-guide-for-long-term-care-planning/">www.states.aarp.org/aarp-resource-guide-for-long-term-care-planning/</a> |
| Adult Protective Services (Abuse)  | 832-5115; 832-5673          |  |
| Alzheimer's Association Help Line  | 1-800-272-3900              | <a href="http://www.alz.org/hawaii">www.alz.org/hawaii</a>   |
| Executive Office on Aging  | 586-0100                    | <a href="http://www.health.hawaii.gov/eoa">www.health.hawaii.gov/eoa</a>   |
| Sage Plus  | 586-7299                    | <a href="http://www.health.hawaii.gov/eoa/home/sage-plus/">www.health.hawaii.gov/eoa/home/sage-plus/</a>   |
| Senior Help Line (Elderly Affairs Division)  | 768-7700                    | <a href="http://www.elderlyaffairs.com">www.elderlyaffairs.com</a>   |
| SMP- Hawai'i Protecting Seniors, their families and caregivers from healthcare and financial fraud | 586-7281;<br>1-800-296-9422 | <a href="http://health.hawaii.gov/eoa/home/senior-medicare-patrol-smp-hawaii/">health.hawaii.gov/eoa/home/senior-medicare-patrol-smp-hawaii/</a>               |
| Social Security Administration   | 1-800-772-1213              | <a href="http://www.ssa.gov/sf/">www.ssa.gov/sf/</a>   |
| Statewide: State Long-Term Care Ombudsman<br>(Investigation of nursing home complaints)            | 586-7268                    | <a href="http://www.hawaiiadrc.org/site/438/long_term_care_ombudsman.aspx">www.hawaiiadrc.org/site/438/long_term_care_ombudsman.aspx</a>                       |
| University of Hawai'i Elder Law Program  | 956-6544                    | <a href="http://www.hawaii.edu/uhelp">www.hawaii.edu/uhelp</a>   |

### HAWAII

|  |          |  |
|--|----------|--|
| Alzheimer's Association                  | 981-2111 | <a href="http://www.alz.org/hawaii">www.alz.org/hawaii</a>   |
| Elderly Affairs Division                 | 768-7700 | <a href="http://www.elderlyaffairs.com">www.elderlyaffairs.com</a>   |
| Hawai'i Adult Protective Services - Hilo | 933-8820 | <a href="http://www.napsa-now.org/get-help/help-in-your-area/hawaii/">www.napsa-now.org/get-help/help-in-your-area/hawaii/</a> |
| Hawai'i Adult Protective Services - Kona | 327-6280 |  |
| Hawai'i Co. Area Office on Aging - Hilo  | 961-8626 |  |
| Hawai'i Co. Area Office on Aging -Kona   | 323-4390 |  |

|   |                  |  |
|---|------------------|--|
| Statewide: State Long-Term Care Ombudsman<br>(Investigation of long term care complaints) | 586-7268 (O`ahu) | <a href="http://www.hawaiiadrc.org/site/438/long_term_care_ombudsman.aspx">www.hawaiiadrc.org/site/438/long_term_care_ombudsman.aspx</a> |
| <b>KAUA`I</b>   |                  |  |
| Adult Protective Services   | 241-3432         |  |
| Kaua`i Agency on Elderly Affairs  | 241-4470         | <a href="http://www.kauai.gov/elderly">www.kauai.gov/elderly</a>   |
| Statewide: State Long-Term Care Ombudsman<br>(Investigation of long term care complaints) | 586-7268 (O`ahu) | <a href="http://www.hawaiiadrc.org/site/438/long_term_care_ombudsman.aspx">www.hawaiiadrc.org/site/438/long_term_care_ombudsman.aspx</a> |
| <b>MAUI/MOLOKA`I</b>  |                  |  |
| Adult Protective Services   | 243-5151         | <a href="http://www.hawaii.gov/dhs">www.hawaii.gov/dhs</a>   |
| Elderly Affairs Division  | 768-7700         | <a href="http://www.elderlyaffairs.com">www.elderlyaffairs.com</a>   |
| Hana Office on Aging Senior Center  | 248-8833         |  |
| Maui County Office on Aging   | 270-7774         | <a href="http://www.co.maui.hi.us/index.aspx?nid=255">www.co.maui.hi.us/index.aspx?nid=255</a>   |
| Maui County Office on Aging- Moloka`i   | 553-5241         |  |
| Statewide: State Long-Term Care Ombudsman<br>(Investigation of long term care complaints) | 586-7268 (O`ahu) | <a href="http://www.hawaiiadrc.org/site/438/long_term_care_ombudsman.aspx">www.hawaiiadrc.org/site/438/long_term_care_ombudsman.aspx</a> |
| <b>LĀNA`I</b>   |                  |  |
| Lāna`i Senior Citizens Center   | 565-6282         |  |
| Maui County Office on Aging - Lāna`i  | 565-6818         |  |
| Statewide: State Long-Term Care Ombudsman<br>(Investigation of long term care complaints) | 586-7268 (O`ahu) | <a href="http://www.hawaiiadrc.org/site/438/long_term_care_ombudsman.aspx">www.hawaiiadrc.org/site/438/long_term_care_ombudsman.aspx</a> |

## Sex Abuse Treatment: Offenders

---

### O`AHU

|                                 |          |  |
|---------------------------------|----------|--|
| Catholic Charities              | 524-4673 | <a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a> |
| The Community Assistance Center | 537-2917 | <a href="http://www.cachawaii.org">www.cachawaii.org</a>                             |

### KAUA`I

|                         |          |  |
|-------------------------|----------|--|
| Sex Assault Crisis Line | 245-4144 | <a href="http://www.ywcakauai.org">www.ywcakauai.org</a> |
|-------------------------|----------|--|

### MAUI/MOLOKA`I

|                                  |                |  |
|----------------------------------|----------------|--|
| Maui Child and Family Service    | 877-6888       | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a> |
| Moloka`i Sex Assault Crisis Line | 1-866-553-5997 |  |
| Sex Assault Crisis Line          | 242-4335       |  |

## Sex Abuse Treatment: Victims

---

### O`AHU

|  |          |  |
|--|----------|--|
| Sex Abuse Treatment Center – 24 hr Hotline | 524-7273 | <a href="http://www.satchawaii.com">www.satchawaii.com</a> |
| The Children’s Justice Center              | 534-6700 |  |

### KAUA`I

|                         |          |  |
|-------------------------|----------|--|
| Sex Assault Crisis Line | 245-4144 | <a href="http://www.ywcakauai.org">www.ywcakauai.org</a> |
|-------------------------|----------|--|

### MAUI/MOLOKA`I

|  |          |  |
|--|----------|--|
| Sexual Assault Support Service, 24 hour crisis hotline | 873-8624 | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a> |
|--|----------|--|

**HAWAI'I**

|   |          |  |
|---|----------|--|
| Sexual Assault Support Services Crisis Line | 935-0677 | <a href="http://www.ywcahawaiiisland.org">www.ywcahawaiiisland.org</a> |
|---|----------|--|

**LĀNA'I**

|                                      |                |  |
|--------------------------------------|----------------|--|
| Lāna`i Sex Assault Crisis Line 24-Hr | 1-866-443-5702 |  |
|--------------------------------------|----------------|--|

**Sliding Scale Fee Agencies**

---

**O`AHU**

|   |          |  |
|---|----------|--|
| Catholic Charities Family Services              | 524-4673 | <a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a> |
| Child and Family Service                        | 681-3500 | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>     |
| Counseling and Spiritual Care Center of Hawai`i | 545-2740 | <a href="http://www.cscch.org/index.html">www.cscch.org/index.html</a>               |

**KAUA'I**

|                          |          |  |
|--------------------------|----------|--|
| Child and Family Service | 245-5914 | <a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a> |
|--------------------------|----------|--|

**Substance Abuse Services:  
see Alcohol and Drug Abuse**

---

**Support Groups: Consumers**

---

**O`AHU**

|  |                             |  |
|--|-----------------------------|--|
| Alcoholics Anonymous Oahu Intergroup   | 946-1438                    | <a href="http://www.oahucentraloffice.org">www.oahucentraloffice.org</a>                                       |
| Alzheimer's Association Aloha Chapter  | 591-2771                    | <a href="http://www.alz.org/hawaii">www.alz.org/hawaii</a>   |
| Castle Medical Center Support Groups   | 263-5400                    | <a href="http://www.castlemed.org/cgi-bin/class-group.cgi?10">www.castlemed.org/cgi-bin/class-group.cgi?10</a> |
| Alzheimer's Caregivers' Support Goup   |                             |  |
| Bereavement Support Group  |                             |  |
| Caregivers' Support Group  |                             |  |
| Hospice Hawaii Monthly   |                             |  |
| Mental Illness Caregivers' Support Group   |                             |  |
| Parkinson's Disease Support Group  |                             |  |
| Co-dependents Anonymous  | 589-CODA                    | <a href="http://www.codependents.org">www.codependents.org</a>   |
| Dual Recovery Anonymous (Community Care Services)  | 845-7771                    |  |
| "Hope Impact" Support Group Wahiawa  | 621-4771                    |  |
| Narcotics Anonymous (NA) Hawai'i   | 734-4357                    | <a href="http://www.na-hawaii.org">www.na-hawaii.org</a>   |
| Obsessive-Compulsive Disorder Support  | 261-6987                    |  |
| Sex and Love Addicts Anonymous   | 926-0166                    |  |
| United Self-Help operates a "warm line" until 9 pm daily & offers support groups – call for more info. | 931-6444;<br>1-866-866-4357 | <a href="http://www.unitedselfhelp.org">www.unitedselfhelp.org</a>   |

**KAUA'I**

|  |                |  |
|--|----------------|--|
| Alcoholics Anonymous on Kauai                      | 245-6677       | <a href="http://www.kauaiaa.org">www.kauaiaa.org</a>               |
| Narcotics Anonymous (NA) Hawai'i                   | 212-0114       | <a href="http://www.na-hawaii.org">www.na-hawaii.org</a>           |
| United Self-Help operates a "warm line" until 9 pm | 1-866-866-4357 | <a href="http://www.unitedselfhelp.org">www.unitedselfhelp.org</a> |

## HAWAI`I

|  |                |  |
|--|----------------|--|
| East Hawaii Intergroup of Alcoholics Anonymous (AA)                              | 961-6133       | <a href="http://www.hawaiiiaa.org">www.hawaiiiaa.org</a>           |
| Narcotics Anonymous (NA) Hawai`i   | 769-6016       | <a href="http://www.na-hawaii.org">www.na-hawaii.org</a>           |
| United Self-Help operates a "warm line" until 9 pm daily & offers Support Groups | 1-866-866-4357 | <a href="http://www.unitedselfhelp.org">www.unitedselfhelp.org</a> |
| Hilo Support Group   |                | <a href="http://www.unitedselfhelp.org">www.unitedselfhelp.org</a> |
| Kailua Kona Support Group  |                | <a href="http://www.unitedselfhelp.org">www.unitedselfhelp.org</a> |
| West Hawaii Alcoholics Anonymous (AA)  | 329-1212       | <a href="http://www.westhawaiiiaa.org">www.westhawaiiiaa.org</a>   |

## MAUI/MOLOKA`I

|  |                |  |
|--|----------------|--|
| Alcoholics Anonymous on Maui   | 244-9673       | <a href="http://www.aamaui.org">www.aamaui.org</a>                 |
| Narcotics Anonymous (NA) Hawai`i   | 214-1239       | <a href="http://www.na-hawaii.org">www.na-hawaii.org</a>           |
| United Self-Help operates a "warm line" until 9 pm daily & offers Support Groups | 1-866-866-4357 | <a href="http://www.unitedselfhelp.org">www.unitedselfhelp.org</a> |
| Kihei Support Group  |                | <a href="http://www.unitedselfhelp.org">www.unitedselfhelp.org</a> |
| Wailuku Support Group  |                | <a href="http://www.unitedselfhelp.org">www.unitedselfhelp.org</a> |

## LĀNA`I

|                            |                |  |
|----------------------------|----------------|--|
| United Self-Help Warm Line | 1-866-866-4357 | <a href="http://www.unitedselfhelp.org">www.unitedselfhelp.org</a> |
|----------------------------|----------------|--|

## Support Groups: Family

---

### O`AHU

|  |                             |  |
|--|-----------------------------|--|
| Al-Anon Family Groups Hawaii   | 546-5647                    | <a href="http://www.al-anon.alateen.org">www.al-anon.alateen.org</a> |
| Alzheimer's Association  | 591-2771;<br>1-800-272-3900 | <a href="http://www.alz.org/hawaii">www.alz.org/hawaii</a>           |
| Hawai`i Families As Allies (parents of children with behavioral disorders) | 487-8785                    | <a href="http://www.hfaa.net">www.hfaa.net</a>                       |
| NAMI - National Alliance on Mental Illness                                 | 591-1297                    | <a href="http://www.namihawaii.org">www.namihawaii.org</a>           |
| NAR-ANON (Narcotics Anonymous)   | 247-3191                    | <a href="http://www.nar-anon.org">www.nar-anon.org</a>               |
| P.A.R.E.N.T.S. Inc.  | 235-0255                    | <a href="http://www.hawaiiparents.org">www.hawaiiparents.org</a>     |

### KAUA`I

|                              |                |  |
|------------------------------|----------------|--|
| Al-Anon Family Groups Hawaii | 651-8399       | <a href="http://www.al-anon.alateen.org">www.al-anon.alateen.org</a> |
| Hawai`i Families As Allies   | 1-866-361-8825 | <a href="http://www.hfaa.net">www.hfaa.net</a>                       |

### HAWAI`I

|                              |                |  |
|------------------------------|----------------|--|
| Al-Anon Family Groups Hawaii | 935-0971       | <a href="http://www.al-anon.alateen.org">www.al-anon.alateen.org</a> |
| Hawai`i Families As Allies   | 1-866-361-8825 |  |
| P.A.R.E.N.T.S. Inc.          | 934-9552       | <a href="http://www.hawaiiparents.org">www.hawaiiparents.org</a>     |

### MAUI/MOLOKA`I

|  |                |  |
|--|----------------|--|
| Al-Anon Family Groups Hawaii                 | 242-0296       | <a href="http://www.al-anon.alateen.org">www.al-anon.alateen.org</a> |
| Alzheimer's Association                      | 242-8636       | <a href="http://www.alz.org/hawaii">www.alz.org/hawaii</a>           |
| Hawai`i Families As Allies                   | 1-866-361-8825 |  |
| Moloka`i Women's Shelter (domestic violence) | 567-6888       |  |
| Women Helping Women (domestic violence)      | 579-9581       | <a href="http://www.whwmaui.net">www.whwmaui.net</a>                 |

## LĀNA`I

Hawai`i Families As Allies

1-866-361-8825

www.hfaa.net

## Suicide Crisis

---

### O`AHU

ACCESS Suicide Crisis Line– 24 Hour Hotline 832-3100

### NEIGHBOR ISLANDS

ACCESS Suicide /Crisis Line – 24 Hour Hotline 1-800-753-6879

## Suicide Prevention

---

Statewide Prevent Suicide Hawai`i Taskforce

Suicide Prevention Coordinator, Department of Health  
– Nancy Deeley

nancy.deeley@doh.hawaii.gov

### O`AHU

O`ahu Prevent Suicide Hawai`i Taskforce

Chair – Pua Kaninau-Santos

www.oahupreventsuicidehi.org

oahupreventsuicidehawaii@gmail.com

### KAUA`I

Kaua`i Prevent Suicide Hawai`i Taskforce

Chair – Gina Kaulukukui; Co-Chair – Bridge Arume

651-6637

www.preventsuicidekauai.org

info@preventsuicidekauai.org

### HAWAI`I

Hawai`i Island Taskforce – Hilo

Chair – Jo Ann Balberde-Kamali`i

Co-Chair – Tracey Wise

tiahonu@hawaii.rr.com

tracey.wise@doh.hawaii.gov

Hawai`i Island Taskforce - Kona

Chair – Nancy Sallee; Co-Chair – Paulla Demello-Obannon

www.preventsuicidekona.com

preventsuicidekona@gmail.com

### MAUI

Maui Island Taskforce

Co-Chair – Ann Nakagawa

Co-Chair – Jeny Bissell

naka266@gmail.com

jenny.bissell@doh.hawaii.gov

### ***Toll-free information switchboard to find any state agency phone number in Honolulu:***

O`ahu 586-2211

Hawai`i 974-4000

Kaua`i 274-3141

Maui 984-2400

*All phone numbers are area code 808 unless otherwise noted.*

## National Mental Health Resources

|   |                                   |  |
|---|-----------------------------------|--|
| American Association of Suicidology                               | (202) 237-2280                    | <a href="http://www.suicidology.org">www.suicidology.org</a>   |
| American Foundation for Suicide Prevention                        | 1-888-333-2377                    | <a href="http://www.afsp.org/">www.afsp.org/</a>   |
| American Self-Help Clearinghouse                                  | (973) 989-1122                    | <a href="http://www.mentalhelp.net/selfhelp/">www.mentalhelp.net/selfhelp/</a>                         |
| Anxiety Disorders Association of America                          | (240) 485-1001                    | <a href="http://www.adaa.org">www.adaa.org</a>   |
| Attention Deficit Disorder Association                            | (800) 939-1019                    | <a href="http://www.add.org/">www.add.org/</a>   |
| Autism Society of America   | (800) 328-8476                    | <a href="http://www.autism-society.org/">www.autism-society.org/</a>                                   |
| Child and Adolescent Bipolar Foundation                           | (847) 492-8510                    | <a href="http://www.bpkids.org">www.bpkids.org</a>   |
| Children and Adults with Attention Deficit/Hyperactivity Disorder | (301) 306-7070                    | <a href="http://www.chadd.org/">www.chadd.org/</a>   |
| Depression and Bipolar Support Alliance                           | (800) 826-3632                    | <a href="http://www.dbsalliance.org">www.dbsalliance.org</a>   |
| Dual Diagnosis of Oregon, Inc.                                    | (877) 222-1332                    | <a href="http://www.ddaoforegon.com/">www.ddaoforegon.com/</a>   |
| Federation of Families for Children’s Mental Health               | (240) 403-1901                    | <a href="http://www.ffcmh.org/">www.ffcmh.org/</a>   |
| Freedom from Fear   | (718) 351-1717                    | <a href="http://www.freedomfromfear.org/supportgroup.asp">www.freedomfromfear.org/supportgroup.asp</a> |
| Hospice Foundation  | (800) 854-3402                    | <a href="http://www.hospicefoundation.org">www.hospicefoundation.org</a>                               |
| Mental Health America (National)                                  | (800) 969-6642                    | <a href="http://www.nmha.org">www.nmha.org</a>   |
| National Alliance on Mental Illness                               | (800) 950-6264                    | <a href="http://www.nami.org">www.nami.org</a>   |
| National Council on Problem Gambling                              |                                   | <a href="http://www.ncpgambling.org">www.ncpgambling.org</a>   |
| National Institute of Mental Health                               | (866) 615-6464                    | <a href="http://www.nimh.nih.gov">www.nimh.nih.gov</a>   |
| National Suicide Prevention Lifeline                              | (800) 273-8255                    | <a href="http://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a>               |
| Obsessive Compulsive Foundation                                   | (617) 973 5801                    | <a href="http://www.ocfoundation.org/">www.ocfoundation.org/</a>                                       |
| Postpartum Support International                                  | (800) 944-4773                    | <a href="http://www.postpartum.net">www.postpartum.net</a>   |
| Recovery International  | (866) 221-0302                    | <a href="http://www.lowselfhelpsystems.org">www.lowselfhelpsystems.org</a>                             |
| Safe Schools Coalition  | (304) 496-8100                    |  |
| Self Mutilators Anonymous   |                                   | <a href="http://selfmutilatorsanonymous.org/">selfmutilatorsanonymous.org/</a>                         |
| Substance Abuse and Mental Health Services Administration         | (877) 726-4727;<br>(800) 622-4357 | <a href="http://www.samhsa.gov">www.samhsa.gov</a>   |
| TARA Association for Personality Disorder                         | (212) 966-6514                    | <a href="http://www.tara4bpd.org/dyn/index.php">www.tara4bpd.org/dyn/index.php</a>                     |
| The Trevor Project (24/7 LGBT crisis hotline)                     | (866) 488-7386                    | <a href="http://www.thetrevorproject.org">www.thetrevorproject.org</a>                                 |

## Hawai`i 24 Hour Suicide Crisis Line

### O`AHU

ACCESS Suicide Crisis Line– 24 Hour Hotline 832-3100

### NEIGHBOR ISLANDS

ACCESS Suicide /Crisis Line – 24 Hour Hotline 1-800-753-6879

## DEPRESSION SELF-SCREENING QUESTIONNAIRE

This is a questionnaire\* used to detect depression. Depression is a common biological illness that can affect people from all walks of life—and it is treatable.

**Over the last 2 weeks, how often have you been bothered by any of the following problems?**

Circle the answer – the number that describes how much you were bothered by each problem.

Add the numbers to get your totals.

Add the three totals to get your total score.

| Circle the answer   | Not at all | Several days | More than half the days | Nearly every day |
|---|------------|--------------|-------------------------|------------------|
| Little interest or pleasure in doing things   | 0          | 1            | 2                       | 3                |
| Feeling down, depressed, or hopeless  | 0          | 1            | 2                       | 3                |
| Trouble falling/staying asleep, sleeping too much   | 0          | 1            | 2                       | 3                |
| Feeling tired or having little energy   | 0          | 1            | 2                       | 3                |
| Poor appetite or overeating   | 0          | 1            | 2                       | 3                |
| Feeling bad about yourself – or that you are a failure or have let yourself or your family down.  | 0          | 1            | 2                       | 3                |
| Trouble concentrating on things, such as reading the newspaper or watching television.  | 0          | 1            | 2                       | 3                |
| Moving or speaking so slowly that other people could have noticed. Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual. | 0          | 1            | 2                       | 3                |
| Thoughts that you would be better off dead or of hurting yourself in some way.  | 0          | 1            | 2                       | 3                |

**Add Columns**

+  +  +

**TOTAL SCORE**

=

**What your score means:**

**0-4** No depression

**10-14** Moderate depression

**20+** Severe depression

**5-9** Mild depression

**15-19** Moderately severe depression

**If your score indicates you may have depression, please see your doctor or a mental health provider or call Mental Health America of Hawaii, 521-1846 (O`ahu). If you are severely depressed and would like immediate assistance, please call the ACCESS crisis line, 832-3100 (O`ahu) or 1-800-753-6879 (Neighbor Islands), or call 911. Depression is a common and treatable illness. You deserve to feel better!**

\*This questionnaire, the PHQ-9, is adapted from PRIME MD TODAY, developed by Drs Robert L. Spitzer, Janet B.W. Williams, Kurt Kroenke, et al, with an educational grant from Pfizer Inc. For research info, contact Dr. Spitzer at rls8@columbia.edu. PRIME MD TODAY is a trademark of Pfizer Inc.